

# PERSONAL DATA SHEET

**WARNING:** Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal cases against the person concerned.

**READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.**

Print legibly. Use appropriate boxes   (and use separate sheet if necessary). Indicate N/A if not applicable. **DO NOT ABBREVIATE.** (Do not fill up. For OIC use only)

**I. PERSONAL INFORMATION**

<b>1. SURNAME</b>	EJAUS		
<b>FIRST NAME</b>	RUFFA MAE	NAME EXTENSION (L, E, S) N/A	
<b>MIDDLE NAME</b>	APONGOL		
<b>2. DATE OF BIRTH (MM/DD/YYYY)</b>	8/2/1997	<b>3. CITIZENSHIP</b>	<input type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country.
<b>4. PLACE OF BIRTH</b>	CANDELARIA, ZAMBALES	Resider of dual citizenship, please indicate the details.	
<b>5. SEX</b>	<input type="checkbox"/> Male <input type="checkbox"/> Female	<b>17. RESIDENTIAL ADDRESS</b>	
<b>6. CIVIL STATUS</b>	<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other, Pls.		
<b>7. HEIGHT (in)</b>	5'	<b>18. PERMANENT ADDRESS</b>	
<b>8. WEIGHT (kg)</b>	45kg		
<b>9. BLOOD TYPE</b>	A+	<b>19. TELEPHONE NO.</b> N/A	
<b>10. OCS ID NO.</b>	N/A		
<b>11. PAD-IBO ID NO.</b>	1212-2678-4170	<b>20. MOBILE NO.</b> 0915-591-3480	
<b>12. PHILHEALTH NO.</b>	00027087780		
<b>13. SSS NO.</b>	34-7817025-7	<b>21. E-MAIL ADDRESS (if any)</b> ruffamaeapongol@gmail.com	
<b>14. TIN NO.</b>	347-161-622-000		
<b>15. AGENCY EMPLOYEE NO.</b>	50000178		

**II. FAMILY BACKGROUND**

<b>22. SPOUSE'S SURNAME</b>	EJAUS		<b>23. NAME OF CHILDREN (Write full name and DOB)</b>	<b>DATE OF BIRTH (MM/DD/YYYY)</b>
<b>FIRST NAME</b>	OLIVER	NAME EXTENSION (L, E, S) N/A		
<b>MIDDLE NAME</b>	EDOUSSAL			
<b>OCCUPATION</b>	TEACHER			
<b>EMPLOYER/BUSINESS NAME</b>	SAN ANDRES SCHOOL OF MASINLOC, INC			
<b>BUSINESS ADDRESS</b>	SOUTH POBLACION, MASINLOC, ZAMBALES			
<b>TELEPHONE NO.</b>	047-307-5010			
<b>24. FATHER'S SURNAME</b>	APONGOL			
<b>FIRST NAME</b>	LARRY	NAME EXTENSION (L, E, S) N/A		
<b>MIDDLE NAME</b>	ANINAG			
<b>25. MOTHER'S MARDEN NAME</b>				
<b>SURNAME</b>	MANANSALA			
<b>FIRST NAME</b>	SHERLEY			
<b>MIDDLE NAME</b>	EDOUSSAL			

(Continue on separate sheet if necessary)

**III. EDUCATIONAL BACKGROUND**

26. LEVEL	NAME OF SCHOOL (with name)	BASIC EDUCATION/DEGREE/COURSE (with name)	PERIOD OF ATTENDANCE		HIGHEST LEVEL/ UNITS EARNED (if not applicable)	YEAR OF GRADUATION	SCHOLARSHIP (AGENCY/ HOME/ FEEDBACK)
			From	To			
ELEMENTARY	SACON ELEMENTARY SCHOOL	ELEMENTARY EDUCATION	2003	2009	GRADUATED	2009	N/A
SECONDARY	LAUS NATIONAL HIGH SCHOOL	SECONDARY EDUCATION	2009	2013	GRADUATED	2013	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A
COLLEGE	NORTHERN ZAMBALES COLLEGE	BACHELOR OF ELEMENTARY EDUCATION	2014	2018	GRADUATED	2018	CHED
GRADUATE STUDIES	N/A	N/A	N/A	N/A	N/A	N/A	N/A

(Continue on separate sheet if necessary)

<b>SIGNATURE</b>		<b>DATE</b>	MAY 12, 2023
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# Ca Identity Service Data Sheet

**Lei Huang**



**Ca Identity Service Data Sheet:**

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## **Table of Contents Ca Identity Service Data Sheet**

1. Understanding the eBook Ca Identity Service Data Sheet
  - The Rise of Digital Reading Ca Identity Service Data Sheet
  - Advantages of eBooks Over Traditional Books
2. Identifying Ca Identity Service Data Sheet
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Ca Identity Service Data Sheet
  - User-Friendly Interface
4. Exploring eBook Recommendations from Ca Identity Service Data Sheet
  - Personalized Recommendations
  - Ca Identity Service Data Sheet User Reviews and Ratings
  - Ca Identity Service Data Sheet and Bestseller Lists
5. Accessing Ca Identity Service Data Sheet Free and Paid eBooks
  - Ca Identity Service Data Sheet Public Domain eBooks
  - Ca Identity Service Data Sheet eBook Subscription Services
  - Ca Identity Service Data Sheet Budget-Friendly Options

6. Navigating Ca Identity Service Data Sheet eBook Formats
  - ePub, PDF, MOBI, and More
  - Ca Identity Service Data Sheet Compatibility with Devices
  - Ca Identity Service Data Sheet Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Ca Identity Service Data Sheet
  - Highlighting and Note-Taking Ca Identity Service Data Sheet
  - Interactive Elements Ca Identity Service Data Sheet
8. Staying Engaged with Ca Identity Service Data Sheet
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Ca Identity Service Data Sheet
9. Balancing eBooks and Physical Books Ca Identity Service Data Sheet
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Ca Identity Service Data Sheet
10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Ca Identity Service Data Sheet
  - Setting Reading Goals Ca Identity Service Data Sheet
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Ca Identity Service Data Sheet
  - Fact-Checking eBook Content of Ca Identity Service Data Sheet
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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arkadaşlarhava filtresi yağ değişimi polen filtresi değişim

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jump start your weight management journey with bodykey by nutrilite your personalised bodykey programme the bodykey app 2 0 is a coaching and tracking tool to help make your personal weight loss journey a fun and integrated part of your lifestyle

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when mixed with 250 ml of skimmed milk the bodykey by nutrilite meal replacement shake helps keep you feeling fuller for longer maintains lean muscle mass and supports digestive health safe and natural available in three delicious natural flavours

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simple flexible eating plan your personalized balanced eating plan that focuses on portion control which is scientifically proven to have the biggest impact on achieving lasting weight loss watch video how does it work get everything needed to put you on the path to weight loss results

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the bodykey by nutrilit personalised assessment is scientifically validated and works with a mobile app to help you keep track of your dietary and workout plans allowing you to take control of your life so you can reach your weight management goals and lead a healthy lifestyle

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we help you make the right choice for you with our bodykey by nutrilit meal plans based on the scientific expertise of the nutrilit health institute and your personalised assessment test results we provide great tasting meal recommendations tailored to your specific sensitivity to fat or carbohydrates

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bodykey by nutrilit meal replacement shake mix is intended to replace a regular meal while providing you with the nutrition you would otherwise get in a well balanced meal we recommend mixing 2 scoops or one ½ cup 57 g with 10 fl oz

approximately 300 ml of cold water

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bodykey by nutrilite is a science based weight management programme that provides a personalised fitness and nutritional regimen to help you reach your weight goals bodykey the wholistic approach

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approximately 300 ml of cold water

meal replacement shake chocolate bodykey amway malaysia - Aug 08 2022

bodykey by nutrilite meal replacement shake is the no 1 meal replacement shake globally that contains no artificial flavours colours sweeteners or preservatives it can control your hunger and provide you with nutrients fibres vitamins and minerals

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