

# Neonatal Resuscitation Program, 8<sup>th</sup> edition- Algorithm

The most important and effective action in neonatal resuscitation is ventilation of the baby's lungs.



## Ventilation Corrective Steps (NRLSOPA)

When a NRLSOPA step results in chest movement, ventilate for 30 seconds and reassess heart rate.



\*increase pressure incrementally by 5 to 10 cm H<sub>2</sub>O. The maximum recommended pressure is 40 cm H<sub>2</sub>O in term baby.

## Sudden Deterioration After Intubation

The DOPE mnemonic	
D	Displaced endotracheal tube
O	Obstructed endotracheal tube
P	Pneumothorax
E	Equipment failure

## Endotracheal Intubation

GA (weeks)	Depth of insertion at lips (cm)	ET Tube Size (ID, mm)
23-24	5.5	Size 2.5 = 1 kg or < 28 weeks
25-26	6.0	Size 3.0 1-2 kg or 28-34 weeks
27-29	6.5	Size 3.5 = 2kg or > 34 weeks
30-32	7.0	
33-34	7.5	
35-37	8.0	
38-40	8.5	
41-42	9.0	3.5-4.0

Total Oxygen Saturation Table	
1 min	60% - 65%
2 min	65% - 70%
3 min	70% - 75%
4 min	75% - 80%
5 min	80% - 85%
10 min	85% - 95%
Initial oxygen concentration for PPV	
< 35 weeks* GA	21% oxygen
≥ 35 weeks* GA	21% - 30% oxygen

## Neonatal Code Medications

Drug	Dose*	0.5 kg	1 kg	2 kg	3 kg	4 kg	Administration
Epinephrine IV/IO Concentrations: 0.1 mg/mL 1 mg/10 mL	0.02 mg/kg Equal to 0.2 mL/kg	IV Dose: 0.01 mg Volume: 0.1 mL	IV Dose: 0.02 mg Volume: 0.2 mL	IV Dose: 0.04 mg Volume: 0.4 mL	IV Dose: 0.06 mg Volume: 0.6 mL	IV Dose: 0.08 mg Volume: 0.8 mL	IV/IO rapid push Flush with 3 mL NS Repeat every 3-5 minutes if heart rate less than 60 bpm
Epinephrine ETT 0.1 mg/mL 1 mg/10 mL	0.1 mg/kg Equal to 1 mL/kg	ETT Dose: 0.05 mg Volume: 0.5 mL	IV Dose: 0.1 mg Volume: 1 mL	IV Dose: 0.2 mg Volume: 2 mL	IV Dose: 0.3 mg Volume: 3 mL	IV Dose: 0.4 mg Volume: 4 mL	May administer while vascular access to being established ETT rapid push No need for flush. Provide PPV breaths To distribute into lungs.
Normal Saline IV 0.9% NaCl	10 mL/kg	5 mL IV	10 mL IV	20 mL IV	30 mL IV	40 mL IV	Give over 5-10 min

\*The recommended dose range for intravenous or introsseous administration is 0.01 to 0.03 mg/kg (equal to 0.1 to 0.3 mL/kg). The recommended dose range for endotracheal administration is 0.05 to 0.1 mg/kg (equal to 0.5 to 1 mL/kg).

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