

Muscular System

1. What is the muscular system?
2. How many muscles do we have in our body?
3. What is the function of muscles?
4. Can you name three types of muscles?
5. What are skeletal muscles?
6. What do skeletal muscles help us do?
7. How do skeletal muscles work with bones?
8. Can you name a voluntary muscle in your body?
9. What are smooth muscles?
10. Where can we find smooth muscles in our body?
11. What do smooth muscles help us do?
12. Can you name an involuntary muscle in your body?
13. What are cardiac muscles?
14. Where are cardiac muscles found?
15. What makes cardiac muscles different from other types of muscles?
16. How do muscles contract?
17. What is the role of tendons in the muscular system?
18. How do muscles and bones work together?
19. Can you name a muscle in your arm?
20. How do muscles help us move?
21. What happens when we exercise our muscles?
22. What is muscle fatigue?
23. How do muscles repair themselves after exercise?
24. What is the importance of stretching before exercising?
25. How do muscles help us breathe?

Muscular System Questions And Answers

Stephanie Zinn



Muscular System Questions And Answers:

Cells, Skeletal & Muscular Systems: The Muscular System - Movement Gr. 5-8 Susan Lang,2015-09-01 This is the chapter slice The Muscular System Movement from the full lesson plan Cells Skeletal Muscular Systems What do cells bones and muscles have in common They are all part of the human body of course Our resource takes you through a fascinating study of the human body with current information written for remedial students in grades 5 to 8 We warm up with a look at the structures and functions of cells including specialized cells Next we examine how cells make up tissues organs and organ systems Then the eight major systems of the body are introduced including the circulatory respiratory nervous digestive excretory and reproductive systems Then on to an in depth study of both the muscular and skeletal systems Reading passages activities for before and after reading hands on activities test prep and color mini posters are all included All of our content is aligned to your State Standards and are written to Bloom s Taxonomy and STEM initiatives [Cells, Skeletal & Muscular Systems: The Muscular System - Muscles Gr. 5-8](#)

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