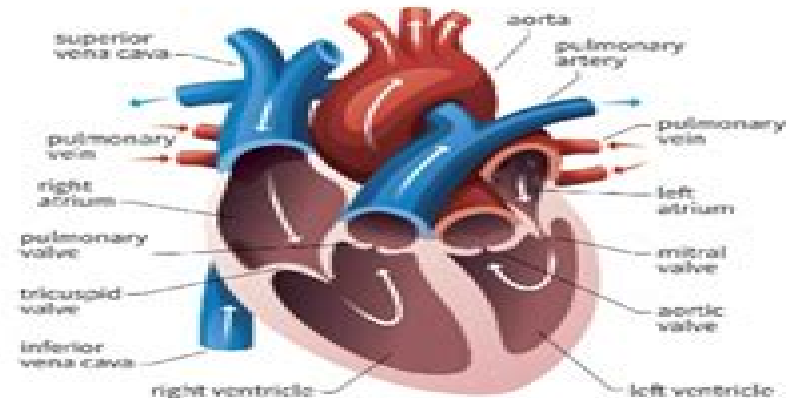


# BLOOD AND CIRCULATORY SYSTEM

## The HEART ♥

- Blue, "right side" - blood high in CO<sub>2</sub>
- Red, "left side" - blood high in O<sub>2</sub>
- 1. Right atrium receives blood from body through vena cava
- 2. Goes through tricuspid valve into right ventricle
- 3. Then goes through pulmonary valve and get sent off to lungs to get oxygenated
- 4. Oxygenated blood comes through pulmonary veins into left atrium
- 5. Goes through mitral valve into left ventricle
- 6. Pumped through aortic valve through aorta and distributed to the rest of the body
- 7. Blood travels through arteries, O<sub>2</sub>
- 8. Arteries branch and get smaller and thinner capillaries to deliver O<sub>2</sub> and nutrients to every cell
- 9. Capillaries do a U-turn and start getting larger
- 10. Blood travels back to the heart in veins



- "Lub Dub" = "Lub", Tricuspid & Mitral valves slamming shut "Dub", Pulmonary & Aortic valves slamming shut as blood leaves the heart.

## 4 Valves of the Heart

1. Tricuspid - r Atrium to r Ventricle
2. Pulmonary - r Ventricle to lungs
3. Mitral - l Atrium to l Ventricle
4. Aortic - l Ventricle to rest of the body

## 3 Layers of the Heart

1. Endocardium: INSIDE, "skin" that lines inside of heart to prevent leakage
2. Myocardium: THICK, muscle layer
3. Pericardium: Membrane sac around the heart, protects from infection

## 3 Main structures that control heart rate:

1. Medulla Oblongata (the brain) sends impulses down the vagus nerve
2. Nerve impulses go to SA node on the upper right atrium.
3. SA node makes Atria contract.
4. Impulses go to AV node on lower right atrium and ventricles contract
5. (Purkinje Fibers: nerve that causes the contraction of the Ventricles)

- Coronary Arteries: feeds the heart O<sub>2</sub> and nutrients, wraps around heart  
- Atherosclerosis: If clogged, that area of the heart can't contract - "heart attack"  
Treatments: Lifestyle changes, medication, stent insertion

## Pulmonary Circulation

- Carries deoxygenated blood away from R ventricle, to lungs, and returns O<sub>2</sub> blood to the left atrium & ventricle

vs.

## Systemic Circulation

- carries oxygenated blood from the left ventricle, through the arteries, to the capillaries in the tissues of the body

# Blood And Circulatory System Study Guide Key

**Christian G. Meyer**



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