

U.S. Military .30 Cast Bullet Handloads

bullet (grains)	powder	charge (grains)	primer	case	velocity (fps)	extreme velocity spread (fps)	comments
.30 U.S., (Winchester) M1 Carbine, 18-inch barrel							
115 Redding/SAECO 302 RN	A-5744	14.0	CCI 400	Winchester	1,718	53	Perfect function
		14.5			1,785	47	3 to 4 MOA
		15.0			1,803	34	Leading
.30 Army, (.30-40 Krag) Model 1896, 30-inch barrel							
170 Lyman 311291 RN	A-5744	20.0	CCI 200	Remington	1,721	20	2 to 3 MOA
173 Lyman 311041 FN	A-5744	20.0			1,739	25	2 to 3 MOA
200 Lyman 311299 RN	A-5744	20.0			1,657	16	Best group under 2 MOA
		22.0			1,789	10	2 to 3 MOA
		24.0			1,918	19	3+ MOA
210 Lyman 311284 RN	A-5744	20.0			1,647	7	3+ MOA
		22.0			1,764	17	3+ MOA
		24.0			1,876	30	7+ MOA
7.62mm NATO, (.308 Winchester) Remington M700V, 24-inch barrel							
170 Lyman 311291 RN	A-5744	20.0	CCI 200	Winchester	1,655	35	1 to 2 MOA
180 Lyman 311332 Spitzer	A-5744	20.0			1,596	36	1 to 2 MOA
200 Lyman 311299 RN	A-5744	20.0			1,561	35	1 to 1.5 MOA
200 RCBS 30-200-SIL RN	A-5744	20.0			1,564	24	sub-MOA groups
.30-06, (Remington), U.S. M1903A3, 24-inch barrel							
170 Lyman 311291 RN	A-5744	23.0	CCI 200	Lapua	1,752	14	2 to 3 MOA
		25.0			1,857	26	3+ MOA
		27.0			1,944	42	3+ MOA
180 Lyman 311332 Spitzer	A-5744	23.0			1,726	24	2 to 3 MOA
		25.0			1,833	59	4+ MOA
		27.0			1,875	33	2 to 3 MOA
200 Lyman 311299 RN	A-5744	21.0			1,594	35	2 to 3 MOA
		23.0			1,655	14	3 MOA
		25.0			1,804	24	2 to 3 MOA
200 RCBS 30-200-SIL RN	A-5744	27.0			1,894	17	2 to 3 MOA
		25.0			1,815	25	2 to 3 MOA

Notes: All velocities are for five rounds chronographed 6 feet from the muzzle. Groups are the average of several five-shot, 100-yard groups. All bullets cast by Mike were of straight Linotype alloy fitted with Lyman gas checks and lubed with SPG. Bullet weights: 173 Lyman 311041, 169 as cast; 170 Lyman 311291, 173 as cast; 200 Lyman 311299, 197 as cast; 210 Lyman 311284, 208 as cast.

For more data on this cartridge please visit LoadData.com.

Be Alert - Publisher cannot accept responsibility for errors in published load data. Listed loads are only valid in the test firearms used. Reduce initial powder charge by 10 percent and work up while watching for pressure signs.

Lyman Reloading Data Loads Cast Bullet

Ken Warner



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Lyman Reloading Handbook, 1986 *Getting Started In Reloading*. Paul Feist, 2011-10-21 Do you want to get started in Handloading your own ammunition but need a step by step guide that does a little better at explaining why you re doing things Just need a little overview on the basic steps before you start buying gear Need some guidance on what all this stuff is supposed to do for you This booklet might help you out At least I hope it will It s supposed to This book will not give you loads for your particular cartridge there are hundreds of other books for that This book will give you the basics and help you understand the actual mechanics of cleaning depriming sizing trimming powder measuring and seating a bullet *Cartridge Reloading in the Twenty-First Century* Charles T. Richards, 2013-10-08 A comprehensive guide to modern cartridge reloading Cartridge Reloading in the Twenty First Century provides detailed information about getting started in reloading selecting the basic tools needed and choosing your components as well as step by step instructions for reloading rifle and handgun cartridges and how to test your loads at the range The text is supplemented by more than one hundred detailed photographs that illustrate the various types of reloading equipment available and provide guidance in performing the actions that result in a handloaded cartridge Cartridge Reloading in the Twenty First Century covers many common problems the handloader may experience provides unique information about reloading the 50 caliber BMG and highlights the changes between reloading in the twenty first century and reloading in the mid twentieth century Not only for beginners Cartridge Reloading in the Twenty First Century offers advanced reloading information that describes special reloading tools as well as techniques for improving the accuracy of your handloads The content of Cartridge Reloading in the Twenty First Century will appeal to both someone considering reloading rifle or handgun cartridges as well as a person who already has acquired some experience in cartridge reloading Popular Mechanics, 1974-10 Popular Mechanics inspires instructs and influences readers to help them master the modern world Whether it s practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is the ultimate guide to our high tech lifestyle *The Redwood Stumper 2011* Paul Feist, 2012-08-21 The Newsletter of the Redwood Gun Club in Humboldt County California A newsletter dedicated to sharing the activities interests and knowledge of the membership of the club with our community This is every issue of the Redwood Stumper from 2011 *Gun Digest 2004* Ken Ramage, 2003 An illustrated catalog of current firearms and accessories **Handloader's Digest** John T. Amber, 1972 **Gun Digest** Ken Warner, 1986 Handguns 2002 Ken Ramage, 2001-09 The latest edition of the top selling handguns annual presents new reports on handguns for field and personal protection use The comprehensive catalog section is fully updated expanded and well illustrated displaying today s commercially available handguns New feature articles provide the latest on trends gun tests selfdefense and handgun hunting The catalog section covers currently manufactured semi custom handguns and commercial centerfire rimfire and blackpowder pistols as well as airguns Plus an accessories section covers handgun grips

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Handguns 2004 Dave Arnold, 2003-09 The latest edition of the top selling handguns annual features new reports on handguns for field and personal protection use The catalog section is fully updated and expanded with new feature articles providing the latest on trends gun tests self defense and handgun hunting **American Rifleman**, 1930 [AfricanXMag Volume 5 Issue 1](#) Safari Media Africa contributors, 375 Flanged Magnum Nitro Express Happy Anniversary A River Sings Charting the pristine waterways of Gabon Shooting Buffalo and Pulling Teeth Getting hurt on a dangerous game hunt African adventurers of yesteryear The Maneating lions of Tsavo Bush Cuisine Espetada Meat on a stick the Portuguese way Make a Plan Pull lift or move heavy items with a rope True North A Call for Change *Gun Digest, 1992* Ken Warner, 1991-07 With sales of nearly a quarter million copies each year *Gun Digest* is the most authoritative book on the subject of firearms available today The front half of the book consists of the best writing available on firearms subjects The back half of the book consists of a complete catalog of all firearms manufactured in or imported to the U S with full specifications and prices

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