



# ACOG PRACTICE BULLETIN SUMMARY

## Clinical Management Guidelines for Obstetrician–Gynecologists

NUMBER 190, FEBRUARY 2018

(Replaces Practice Bulletin Number 180, July 2017)

For a comprehensive overview of gestational diabetes mellitus, the full-text version of this Practice Bulletin is available at <http://dx.doi.org/10.1097/AOG.0000000000002501>.



Scan this QR code with your smartphone to view the full-text version of this Practice Bulletin.

**Committee on Practice Bulletins—Obstetrics.** This Practice Bulletin was developed by the American College of Obstetricians and Gynecologists Committee on Practice Bulletins—Obstetrics with the assistance of Aaron B. Caughey, MD, PhD, and Mark Tumestine, MD.

**INTERIM UPDATE:** This Practice Bulletin is updated as highlighted to reflect a limited, focused change to clarify and provide additional information on the pharmacologic treatment of gestational diabetes mellitus. For complete details on these updates, please see the full-text version.

## Gestational Diabetes Mellitus

*Gestational diabetes mellitus (GDM) is one of the most common medical complications of pregnancy. However, debate continues to surround the diagnosis and treatment of GDM despite several recent large-scale studies addressing these issues. The purposes of this document are the following: 1) provide a brief overview of the understanding of GDM, 2) review management guidelines that have been validated by appropriately conducted clinical research, and 3) identify gaps in current knowledge toward which future research can be directed.*

## Clinical Management Questions

- ▶ *How is gestational diabetes mellitus diagnosed?*
- ▶ *What are the benefits of treating gestational diabetes mellitus?*
- ▶ *How should blood glucose be monitored in a woman with gestational diabetes mellitus?*
- ▶ *What nonpharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *What pharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *Is fetal assessment indicated in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *What are delivery considerations in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *How should women with a history of gestational diabetes mellitus be screened and counseled postpartum?*



# Practice Bulletin Acog

**American Academy of  
Pediatrics, American College of  
Obstetricians and Gynecologists**

**Practice Bulletin Acog:**

## **Practice Bulletin Acog** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Practice Bulletin Acog**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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