

# CHAPTER 4

## RESEARCH METHODS

### CHAPTER OVERVIEW

This chapter outlines components of the research process in abnormal psychology. These components include the establishment of a testable hypothesis; protection of internal validity; types of research design (i.e., case study, correlational, group and single-case experimental design, genetic linkage and analysis, cross-sectional, and longitudinal designs); the role of cultural factors that impinge upon research; and research ethics. This chapter examines methods developed to discover what behaviors constitute problems, why people engage in behavioral disorders (etiology), and what constitutes effective treatments and beneficial treatment outcome.

### LEARNING OBJECTIVES

1. Describe the basic components of research, including the distinction between a hypothesis and a testable hypothesis, independent and dependent variables, internal and external validity, and statistical and clinical significance.
2. Compare and contrast different research designs (e.g., case study, correlational, group and single-case experimental designs), including the types of questions that are appropriate/inappropriate for each.
3. Explain the aims and purposes of behavioral genetics, including the advantages and disadvantages of family, adoption, twin, and genetic linkage analysis and association studies.
4. Compare and contrast the assets and liabilities of cross-sectional designs versus longitudinal designs.
5. Explain the general place of cultural and ethical principles in the research process.
6. Explain how studying behavior over time and across cultures fits within research design and the research process more generally.
7. Describe the nature and function of replication in research, and distinguish a program of research from research that is not programmatic.

### LECTURE OUTLINE

- I. Examining Abnormal Behavior
  - A. The following research questions are addressed throughout the textbook, and specifically in terms of research design and methodology:

# Chapter 4 Research Design And Method 4 1 Introduction

**Jin-Ying Zhang**



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