

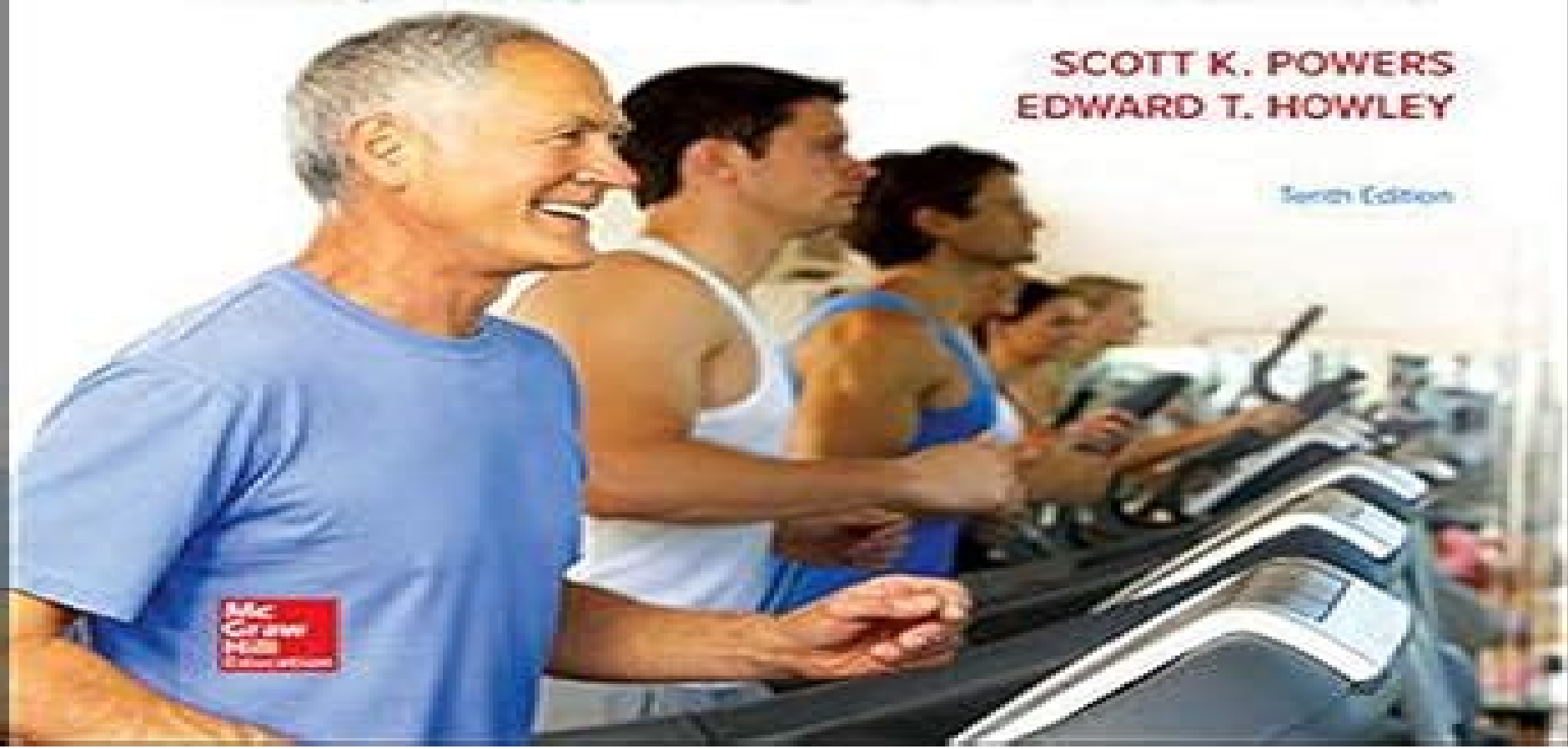


# EXERCISE PHYSIOLOGY

Theory and Application to Fitness and Performance

SCOTT K. POWERS  
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Seventh Edition



# Powers Howley Exercise Physiology 7th Edition

**Brad J. Schoenfeld, NSCA -National  
Strength & Conditioning  
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