

Psychology Case study:

Lisa is 30 year old married women and mother of 4 children. She has had various worries for years but has never before sought professional help. During the past three months she has become increasingly unhappy to the degree that her family physician finally suggested she seek psychological help. For a number of months Lisa has been experiencing intrusive, repetitive thoughts which centered around her children's safety. She frequently imagined that various, serious accidents had occurred and could not put these thoughts out of her mind. For example, on one occasion she imagined that her son had a broken leg playing football at school and called school to see if he was all right. Even after learning that he was fine, she admitted being somewhat surprised when he arrived home unharmed. Specific numbers have come to have special meanings for Lisa and her preoccupation with them was beginning to interfere with her daily routine. While shopping she worried if she selected the first box of cereal off the shelf, something terrible would happen to her eldest child but if she selected the second box, the next eldest child would be harmed, and so on. If she drank one cup of coffee she found she had to drink four and similarly, she had to smoke four cigarettes in a row to protect her children. Her fears appeared to be valid as it seemed that, if she failed to protect the children in this way, some sort of problem or accident almost always happened to one of the children within a few days. In addition, Lisa reported dis-satisfaction with both her marriage and problems in managing her children. Although her husband Tony was only 32 yrs old, he suffered a severe heart attack that made even normal physical exertion potentially dangerous for him. He had to leave his job and stay home. He relied upon Lisa and his kids for almost everything including bringing him a drink from the refrigerator. The children were out of control. They didn't respond well to parental discipline which was generally inconsistent. Lisa was the eldest of 4 children and was raised in New York City. A religious Catholic, Lisa soon stopped going to church. She also witnessed a friend's baby getting run over by a bike and had thoughts of committing suicide but prayed to God to take those bad thoughts away.

What do you suggest to help Lisa? Any particular therapeutic approach or method?

Psychology Case Analysis Example

McGraw-Hill Staff



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Encyclopedia of Case Study Research Albert J. Mills, Gabrielle Durepos, Elden Wiebe, 2009-10-21 Case study research has a long history within the natural sciences social sciences and humanities dating back to the early 1920 s At first it was a useful way for researchers to make valid inferences from events outside the laboratory in ways consistent with the rigorous practices of investigation inside the lab Over time case study approaches garnered interest in multiple disciplines as scholars studied phenomena in context Despite widespread use case study research has received little attention among the literature on research strategies The Encyclopedia of Case Study Research provides a compendium on the important methodological issues in conducting case study research and explores both the strengths and weaknesses of different paradigmatic approaches These two volumes focus on the distinctive characteristics of case study research and its place within and alongside other research methodologies Key Features Presents a definition of case study research that can be used in different fields of study Describes case study as a research strategy rather than as a single tool for decision making and inquiry Guides rather than dictates readers understanding and applications of case study research Includes a critical summary in each entry which raises additional matters for reflection Makes case study relevant to researchers at various stages of their careers across philosophic divides and throughout diverse disciplines Key Themes Academic Disciplines Case Study Research Design Conceptual Issues Data Analysis Data Collection Methodological Approaches Theoretical Traditions Theory Development and Contributions From Case Study Research Types of Case Study Research *EBOOK: Introducing Qualitative Research in Psychology* Carla Willig, 2013-05-16 Why use qualitative research in psychology How is qualitative research in psychology carried out What are the major debates and unresolved issues surrounding this form of research Introducing Qualitative Research in Psychology is a vital resource for students new to qualitative psychology It offers a clear introduction to the topic by taking eight different approaches to qualitative methods and explaining when each one should be used the procedures and techniques involved and any limitations associated with such research Throughout the new edition material has been re organized and updated to reflect developments in the field while Carla Willig s style of writing popular with students and lecturers alike remains unchanged Together with wider coverage of conceptual issues and epistemological theoretical challenges in qualitative research this third edition boasts three new methods chapters Thematic Analysis Narrative Analysis and Visual Methodologies Three additional chapters on Qualitative Research Design Data Collection The Role of Interpretation and Putting Together A Research Proposal will be invaluable to students and researchers during conceptual preparation This edition contains more interactive exercises and discussion points in order to help students understand what they are learning as well as three qualitative research reports written by students The third edition is supported by a new Online Learning Centre www.openup.co.uk/willig with resources for lecturers and students With contributions from Sarah Jane Dryden Caroline Silcock and Joanna Silver All students of qualitative research in psychology

will find a wealth of information in Carla Willig's book. With its expanded sections and detailed consideration of concepts, techniques, and applications of qualitative research, the interactive approach taken in this book is ably supported by extensive research examples. As usual with Carla Willig's clear and detailed writing style, this book will give both new and existing researchers the opportunity to think clearly about their use of qualitative research and its methods.

Dr Nollaig Frost, Senior Lecturer, Psychology, Middlesex University, UK: A tour de force from an expert guide which grounds students in the lexicon of qualitative psychology before explicating a range of major methodologies. Students will appreciate many worked examples and will be stimulated by the coverage of contemporary innovations, issues, and debates. An invaluable textbook.

Professor Brendan Gough, Institute of Health and Wellbeing, Leeds Metropolitan University, UK: In just over a decade, Carla Willig's book has become one of the key introductory texts in the field. Many of my students and supervisees have enjoyed reading it. Finding complex issues and debates have been explained in an accessible manner. This latest edition includes helpful advice on writing a research proposal, some newer research methods, and discussion about the future of qualitative research. In addition, there are new chapters on epistemology and interpretation which I think my students will find particularly valuable as these are often the most challenging topics when one is new to qualitative research.

Dr David Harper, Reader in Clinical Psychology, University of East London, UK: Once again, Carla Willig has produced a wonderfully clear account of how and why qualitative methods ought to be used to answer psychological questions. Not only does Willig examine key theories, ethics, and debates surrounding the use and interpretation of qualitative data, she shows us how to do it step by step with a tremendous sense of balance and integrity. This new edition covers some of the more recent debates in qualitative research, contains new examples of how to design, carry out, and approach analysis in qualitative methods, and lots of useful questions that researchers ask themselves along the way. My students have used Willig's writings on qualitative methods for many years as they can understand and engage with it. There is simply no other equivalent text in psychology to rival Willig's her clarity, conviction, and sheer brilliance in putting difficult ideas on methods into plain language. It is something students in psychology will relish for a very long time to come.

Paula Reavey, Professor of Psychology, London South Bank University, UK: In writing this text originally, Carla Willig argued that unlike quantitative research where the aim is to follow a set of rules and get them right, qualitative research is more about having adventures. From the start, it sounds a lot more fun and certainly a lot more interesting. And it was. Students and lecturers alike appreciate its lively, practical approach, its very clear and elegant writing, its use of clever examples of students' own work, and its lucid explanations of the theory underpinning methods and methodologies. This new third edition is a real triumph. It's more comprehensive and it's bang up to date with three additional new chapters, more examples of student projects, and overall, an even more systematic approach. It is, in my view, the most approachable and person-friendly text around introducing qualitative research in psychology, and a great opportunity to boldly go, have adventures, and really get to grips with doing qualitative research.

Wendy Stainton Rogers, Professor Emerita

Faculty of Health and Social Care The Open University UK Case Studies in Abnormal Psychology Ethan E. Gorenstein,1997 Case Studies in Abnormal Psychology focuses on modern empirically based cases and treatments of the most common psychological disorders Actual cases are used to demonstrate how the abstract principles of psychology apply to real life Ethan Gorenstein is an experienced practicing clinician at Columbia Presbyterian Hospital in New York who has had hands on experience with cases such as these and brings his insight into every case by presenting the background symptoms treatments results and discussion of issues pertinent to each case providing a detailed and comprehensive study into the disorder itself as well as the treatment creating a mechanism for teaching psychotherapy and treatment together and organizing and presenting each case to build upon the practical application of psychological principles As well as being a useful tool for any student of Abnormal Psychology this casebook will be of interest to any academic practitioner or general reader in psychology **The Case-study Method in Psychology and Related Disciplines** Dennis Basil Bromley,1986 Presents an overview of the case study method and its applications describing in detail how to conduct psychological case studies how to evaluate them and how to use diagrams and decision analysis in case studies A Socio-psychological Case Study in Multiple Deviance Daniel Leigh Haytin,1968 **Collected Papers on Analytical Psychology** Carl Gustav Jung,1920 *Analytic psychology v. 1* George Frederick Stout,1909 *Psychological Bulletin* ,1919 Vol 49 no 4 pt 2 July 1952 is the association s Publication manual The Function of Psychology in the Rehabilitation of Disabled Soldiers Bird Thomas Baldwin,1920 **Journal of Educational Psychology** ,1918 Analytic Psychology George Frederick Stout,1918 The present work aims to bring systematic order into the crowd of facts concerning our mental life revealed by analysis of ordinary experience Psychology is the most empirical of the sciences and of all the branches of Psychology what is commonly though inaccurately called the introspective is most immersed in matter of fact Its function is to describe analyse and arrange In this respect it is contrasted with what is called the Genetic or Synthetic Method which instead of attempting merely to ascertain and define the processes of the developed consciousness proposes to itself the task of tracing the evolution of mind from its lowest to its highest planes When I first planned the present work I found myself baffled in the attempt to follow the genetic order of treatment without a preparatory analysis of the developed consciousness Our knowledge of mental processes as we can observe and infer them in our own ordinary experience is essential as a clue to the nature of mental process at lower levels I therefore found myself driven to pave the way for genetic treatment by a previous analytic investigation and the result was the present work Chapters VIII IX X and XI in book II have already appeared as articles in the pages of Mind They have in each instance been greatly expanded and altered so that they may be considered as virtually new The general Introduction is an expansion and modification of a paper printed in the Proceedings of the Aristotelian Society on The Scope and Method of Psychology The chapter on Relative Suggestion appeared in the Proceedings of the Society for 1895 Pref Journal of Applied Psychology Granville Stanley Hall,1921 The Journal of

Abnormal and Social Psychology ,1926 **Studies in Psychology and Psychiatry** ,1926 **Studies from the Yale Psychological Laboratory** Yale University Psychology Laboratory,1899 **Understanding Psychology Reading and Case Studies Psychology** McGraw-Hill Staff,2000-05 **Educational Psychology Cases for Teacher Decision-making** Gordon E. Greenwood,H. Thompson Fillmer,1999 Case material is presented mainly in dialogue format and cases are left open ended in order to provoke discussion analysis and decision making Each case begins with a listing of psychological theories and sets of principles for analyzing and resolving the case provides other relevant material s *Studies from the Psychological Laboratory of the University of Illinois* Stephen Sheldon Colvin,1909 Architectural Psychology Newsletter ,1986 *Bulletin - National Council for the Social Studies* National Council for the Social Studies,1930

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