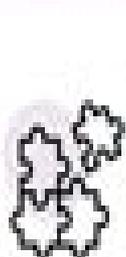


Baby's growing brain

Even though the brain keeps growing and changing into adulthood, the first 3 years are an important time of rapid growth that helps build the foundation for all future learning.

Supporting baby's brain development

Babies are born ready to learn! Parents and caregivers can support healthy brain development by interacting with their baby using language, play, and care.

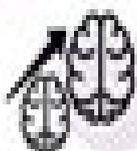


The brain is responsible for:

- ✓ Movement
- ✓ Language
- ✓ Attention
- ✓ Learning and problem-solving

The brain doubles in size in the first year!

By age 3, it's about 80% of an adult size brain.



The early years set the stage for advanced abilities:

- ✓ Self-regulation
- ✓ Problem solving
- ✓ Communication



BabyMatters
by Gerber Medical Hub

Brain & Cognitive Development

Learn more at gerber.com
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Breastfeeding

is associated with improved cognitive ability.

Sleep

supports healthy development as baby grows from infancy into early childhood.



Nurture & Interact!

- ✓ Make eye contact often while feeding
- ✓ Spend time cuddling and holding your child
- ✓ Provide opportunities to play and explore
- ✓ Read, talk, and sing to your child starting at birth



Iron supports learning ability

Starting at about 6 months, introduce dietary sources such as meats and iron-fortified cereals, and continue throughout the first 3 years.

Healthy fats are brain building blocks

Omega-3, omega-6 and DHA are found in fatty fish, seafood, vegetable oils, and baby-safe forms of nuts and seeds.



B vitamins support brain function

Found in cereal, meats, milk, meat, eggs, fish, and dark green vegetables.

Choline, a vitamin, supports memory development

Found in eggs, dairy products, and some fortified foods.



Key Milestones!

2 months:

- ✓ Smiles at you
- ✓ Looks at a toy for several seconds



6 months:

- ✓ Puts things in mouth to explore them
- ✓ Reaches to grab a toy
- ✓ Closes lips to show she doesn't want more food
- ✓ Laughs with you



9 months:

- ✓ Looks for things when dropped out of sight (like a spoon or toy)
- ✓ Rings objects together



Nutrients for brain development

During infancy and toddlerhood, a baby's brain forms many complex systems they will use throughout their entire life. Getting the right nutrients from infancy to toddlerhood is important to help the brain develop to its fullest.

Baby's key developmental milestones

First smiles, "coo" type sounds, and wobbly steps are all developmental milestones. While babies develop at their own pace, there are typical ages when these milestones occur.

Cognitive Development The Learning Brain

Olivier Houdé, Grégoire Borst



Cognitive Development The Learning Brain:

Cognitive Development and Cognitive Neuroscience Usha Goswami, 2019-10-08 Building on the framework for teaching cognitive development presented in the first edition Goswami shows how different cognitive domains such as language causal reasoning and theory of mind may emerge from automatic neural perceptual processes Cognitive Neuroscience and Cognitive Development integrates principles and data from cognitive science neuroscience computer modelling and studies of non human animals into a model that transforms the study of cognitive development to produce both a key introductory text and a book which encourages the reader to move beyond the superficial and gain a deeper understanding of the subject matter Book cover *Cognitive Development and Cognitive Neuroscience* Usha Goswami, 2019-09-26 Cognitive Development and Cognitive Neuroscience The Learning Brain is a thoroughly revised edition of the bestselling Cognitive Development The new edition of this full colour textbook has been updated with the latest research in cognitive neuroscience going beyond Piaget and traditional theories to demonstrate how emerging data from the brain sciences require a new theoretical framework for teaching cognitive development based on learning Building on the framework for teaching cognitive development presented in the first edition Goswami shows how different cognitive domains such as language causal reasoning and theory of mind may emerge from automatic neural perceptual processes Cognitive Neuroscience and Cognitive Development integrates principles and data from cognitive science neuroscience computer modelling and studies of non human animals into a model that transforms the study of cognitive development to produce both a key introductory text and a book which encourages the reader to move beyond the superficial and gain a deeper understanding of the subject matter Cognitive Development and Cognitive Neuroscience is essential for students of developmental and cognitive psychology education language and the learning sciences It will also be of interest to anyone training to work with children **Cognitive Development** Usha Goswami, 2009 Cognitive Development Usha Goswami, 2007 The Learning Brain Torkel Klingberg, 2012-11-02 All learning takes place in the brain and the key to a child's development is how its brain matures But how can we take the step from knowledge of neurons to education What is the cause of inattention dyslexia or dyscalculia How does brain maturation affect teenage behavior These are all important questions to ask as many statistics suggest that levels of knowledge in children have stagnated and in some cases receded Drawing from his and others research and in certain cases stories and examples Torkel Klingberg a leading cognitive neuroscientist shows how the brain is affected by genes stress physical exercise and parental relationships The result of his research The Learning Brain demonstrates how we can give our children and teenagers the best opportunities to learn and develop **Human Behavior, Learning, and the Developing Brain** Donna Coch, Geraldine Dawson, Kurt W. Fischer, 2007-02-01 Leading authorities present research on specific clinical problems including autism Williams syndrome learning and language disabilities ADHD and issues facing infants of diabetic mothers In addition the effects of social stress

and maltreatment on brain development and behavior are reviewed from publisher description

The Developing Brain Marilee Sprenger, 2013-09-01 How can early childhood teachers administrators and parents translate discoveries on early brain development into strategies that nurture cognitive growth The key is to using the information gathered from neuroscience cognitive psychology and child development The Developing Brain offers brain compatible teaching practices for parents and teachers that are linked to principles for working with young children from the National Association for the Education of Young Children Bestselling author Marilee Sprenger covers the basic structure vocabulary and current research on the brain from an early childhood educator s point of view and provides an abundance of illustrations and descriptions This user friendly guide includes Background information on brain development from birth through age two Scenarios and snapshots of each year from age three through eight Reproducible development checklists Over one hundred brain based activities for classroom or child care settings And much more Through an understanding of the phases of language motor and social development at each age level The Developing Brain will help both educators and parents create an enriching educational experience that enhances a child s growth and fosters an enduring love of learning

Mechanisms of Cognitive Development James L. McClelland, Robert Siegler, 2001-03 A study of mechanisms of cognitive development It is part of the Carnegie Mellon Symposia on Cognition Series and focuses on behavioural and neural perspectives of cognitive development

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Cognitive Development Marc H. Bornstein, Michael E. Lamb, 2011-05-06 This new text consists of parts of Bornstein and Lamb s Developmental Science 6th edition along with new introductory material that as a whole provides a cutting edge and comprehensive overview of cognitive development Each of the world renowned contributors masterfully introduces the history and systems methodologies and measurement and analytic techniques used to understand human cognitive development The relevance of cognition is illustrated through engaging applications Each chapter reflects the current state of the field in cognitive development and features an introduction an overview of the field a chapter summary and numerous classical and contemporary references As a whole this highly anticipated text illuminates substantive phenomena in cognitive developmental science and its relevance to everyday life Students and instructors will also appreciate the book s online resources For each chapter the website features chapter outlines a student reading guide a glossary of key terms and concepts and suggested readings with hotlinks to journal articles Only instructors are granted access to the test bank with multiple choice short answer and essay questions PowerPoints with all of the text s figures and tables and suggestions for classroom discussion assignments The book opens with an introduction to cognitive development as well as an overview of developmental science in general its history and theory the cultural orientation to thinking about human development and the manner in which empirical research is designed

conducted and analyzed Part 2 focuses on the field's major substantive areas: neuroscience and genetics, physical and motor development, perception and cognitive and language development. Intended for advanced undergraduate and/or beginning graduate courses on cognitive development taught in departments of psychology, human development and family studies and education, researchers in these areas will appreciate this book's cutting edge coverage.

The Cambridge Handbook of Cognitive Development Olivier Houdé, Grégoire Borst, 2022-03-03 How does cognition develop in infants, children and adolescents? This handbook presents a cutting edge overview of the field of cognitive development spanning basic methodology, key domain based findings and applications. Part One covers the neurobiological constraints and laws of brain development while Part Two covers the fundamentals of cognitive development from birth to adulthood: object number categorization, reasoning, decision making and socioemotional cognition. The final Part Three covers educational and school learning domains including numeracy, literacy, scientific reasoning skills, working memory and executive skills, metacognition, curiosity driven active learning and more. Featuring chapters written by the world's leading scholars in experimental and developmental psychology as well as in basic neurobiology, cognitive neuroscience, computational modelling and developmental robotics, this collection is the most comprehensive reference work to date on cognitive development of the twenty first century. It will be a vital resource for scholars and graduate students in developmental psychology, neuroeducation and the cognitive sciences.

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perspective of neuroscience sheds new light on the mechanisms that underlie how the brain functions and how a child learns and behaves Neuroscience of Mathematical Cognitive Development Rhonda Douglas Brown, 2018-04-13 This book examines the neuroscience of mathematical cognitive development from infancy into emerging adulthood addressing both biological and environmental influences on brain development and plasticity It begins by presenting major theoretical frameworks for designing and interpreting neuroscience studies of mathematical cognitive development including developmental evolutionary theory developmental systems approaches and the triple code model of numerical processing The book includes chapters that discuss findings from studies using neuroscience research methods to examine numerical and visuospatial cognition calculation and mathematical difficulties and exceptionalities It concludes with a review of mathematical intervention programs and recommendations for future neuroscience research on mathematical cognitive development Featured neuroscience research methods include Functional Magnetic Resonance Imaging fMRI Diffusion Tensor Imaging DTI Event Related Potentials ERP Transcranial Magnetic Stimulation TMS Neuroscience of Mathematical Cognitive Development is an essential resource for researchers clinicians and related professionals and graduate students in child and school psychology neuroscience educational psychology neuropsychology and mathematics education

Developmental Cognitive Neuroscience Michelle D. H. de Haan, Iroise Dumontheil, Mark H. Johnson, 2023-04-03 Landmark text focusing on the development of brain and behavior during infancy childhood and adolescence Developmental Cognitive Neuroscience provides an accessible introduction to the main methods theories and empirical findings of developmental cognitive neuroscience The focus is on human development from in utero to early adulthood but key comparative work is also included This new edition covers research in clinical medical populations educational applications and major advancements in methods and analysis in particular with increasing longitudinal research focusing on understanding the mechanisms of cognitive development It also contains a new chapter on global and cross cultural perspectives outlining how developmental cognitive neuroscience has been applied in different settings and how techniques can be successfully adapted The text features a variety of student friendly features such as chapter end discussion applications of basic research and introductions to key experimental methods An accompanying related resource website for students and educators that includes a test bank of multiple choice questions is also provided Other sample topics covered in Developmental Cognitive Neuroscience include Biology of change methods and populations from gene to brain building a brain and vision orienting and attention Perceiving and acting in a world of objects learning and long term memory language and prefrontal cortex working memory and decision making Perceiving and acting in the social world educational neuroscience interactive specialization and integrating development cognitive neuroscience Mid childhood and adolescent development social cognition and neuroimaging and broader cognitive neuroscience approaches and theory With expansive yet accessible coverage of the subject Developmental Cognitive Neuroscience is an ideal resource for upper level

undergraduate and early postgraduate readers The text will further appeal to professionals in fields that have adopted developmental cognitive neuroscience approaches such as education clinical psychology pediatric medicine and global health

Cognitive and Language Development in Children John Oates, Andrew Grayson, 2004-04-23 This is one of a series of four books that forms part of the Open University course on child development The series provides a detailed and thorough introduction to the central concepts theories issues and research evidence in developmental psychology Cognitive and Language Development in Children gives an up to date and accessible account of how thinking and language develop during childhood The book is innovative in its approach it starts by considering cognition and language in infants and continues to weave together these two areas in subsequent chapters that cover aspects of their development through childhood The chapters have been prepared by leading researchers and theorists in collaboration with members of the Open University course team Building on the themes in *The Foundations of Child Development* a previous book within the series the editors provide a fully up to date broad and engaging overview of the field ranging from modern understandings of brain architecture and function to the social and cultural contexts of learning The chapters have many features to assist and facilitate understanding including defined learning outcomes research summaries activities readings definitions of key terms and section summaries

Brain Development and Cognition Mark H. Johnson, Yuko Munakata, Rick O. Gilmore, 2008-04-15 The first edition of this successful reader brought together key readings in the area of developmental cognitive neuroscience for students Now updated in order to keep up with this fast moving field the volume includes new readings illustrating recent developments along with updated versions of previous contributions

How to Improve Neuroscience Education for the Public and for a Multi-Professional Audience in Different Parts of the Globe Analía Arévalo, Guilherme Lepski, Valeria Abusamra, 2022-08-18

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The Oxford Handbook of Numerical Cognition Roi Cohen Kadosh, Ann Dowker, 2015 Numbers are vital to so many areas of life in science economics sports education and many aspects of everyday life from infancy onwards This handbook brings together the different research areas that make up the vibrant field of numerical cognition in one comprehensive and authoritative volume

A Guide to How Your Child Learns David P. Sortino, 2017 In order to create a better learning brain students must be organized adaptive passionate and secure about learning Research and follow up studies of these traits with theoretical knowledge may suggest why multiple intelligence child development theory learning styles and cognitive development should

be included in every teacher's playbook. Moreover, one very real challenge with this age group is how to preserve and protect elements of the magical child fantasy and imagination while expecting students to successfully transition to school learning regardless of their ability or interest level. Walk into any school and observe the writing or artwork on the school's walls, and you will see an incredible mixture of abilities and imagination. This mixture could be a barometer of your child's learning abilities and actual school success.

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