

# 1 IN 5 TEENS IN CITY SCHOOLS UNDERWEIGHT



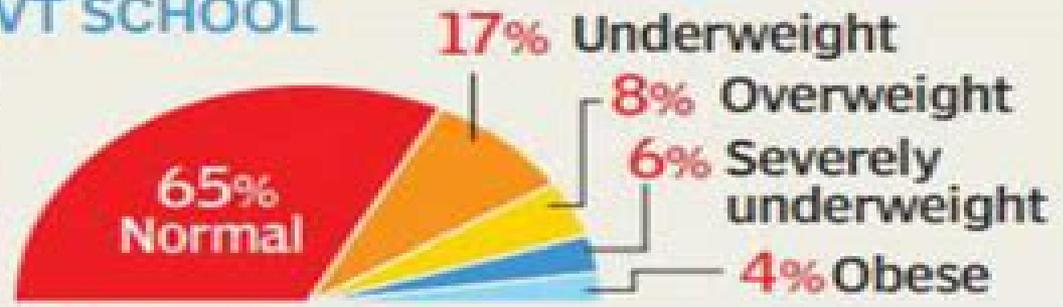
No. of students  
**1,785**



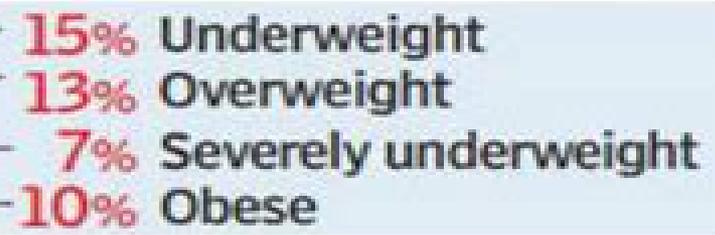
(950 from 12 govt schools and 835 from 10 private schools)

Age group  
**15-19 yrs**

## BMI OF GOVT SCHOOL STUDENTS



## BMI OF PRIVATE SCHOOL STUDENTS



Low weight is linked to

- Poor physical stamina
- Low immunity (immunity compromised)
- Anaemia
- Protein calorie malnutrition

- Poor concentration and attention
- Poor self esteem
- Retarded growth and development
- Fragile bones and hair loss

# Chapter 8 The Underweight Adolescent

**Siddappa N.Byrareddy**



## **Chapter 8 The Underweight Adolescent:**

## Decoding **Chapter 8 The Underweight Adolescent**: Revealing the Captivating Potential of Verbal Expression

In a period characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Chapter 8 The Underweight Adolescent**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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