

# ESTIMATED FUNCTIONAL CAPACITY EVALUATION

*To be completed by treating physician.*

Patient: \_\_\_\_\_

*Definitions for your reference:*

**SEDENTARY WORK:**  
**LIGHT WORK:**  
**MEDIUM WORK:**  
**HEAVY WORK:**  
**VERY HEAVY WORK:**

lift 10# maximum and occasionally carry small objects  
 lift 20# maximum; frequently lift/carry up to 10#  
 lift 50# maximum; frequently lift/carry up to 25#  
 lift 100# maximum; frequently lift/carry up to 50#  
 lift in excess of 100#; frequently lift/carry 50#

**I WOULD ESTIMATE THIS PERSON TO BE ABLE TO:**

	Never	Occasionally (1-33%)	Frequently (34-66%)	Continuously (67-100%)
<b>1. LIFT:</b>				
a. up to 10#				
b. 11 - 24#				
c. 25 - 34#				
d. 35 - 50#				
e. 51 - 74#				
f. 75 - 100#				
<b>2. CARRY:</b>				
a. up to 10#				
b. 11 - 24#				
c. 25 - 34#				
d. 35 - 50#				
e. 51 - 74#				
f. 75 - 100#				
<b>3. PERFORM THE FOLLOWING TASKS:</b>				
Push/Pull – Seated				
Push/Pull – Standing				
Bend				
Squat				
Crawl				
Climb				
Reach above shoulder level				

**4. ASSUMING AN 8-HOUR WORKDAY WITH TWO 15-MINUTE BREAKS AND AN HOUR MEAL BREAK, I WOULD EXPECT THIS PERSON TO BE ABLE TO:**

*Circle number of hours for each activity. NOTE: Total does not have to equal 8 hours.*

Activity	Number of Hours								Continuously	With Rests
Sit	1	2	3	4	5	6	7	8	<input type="checkbox"/>	<input type="checkbox"/>
Stand	1	2	3	4	5	6	7	8	<input type="checkbox"/>	<input type="checkbox"/>
Walk	1	2	3	4	5	6	7	8	<input type="checkbox"/>	<input type="checkbox"/>
Alternately Sit/Stand	1	2	3	4	5	6	7	8	<input type="checkbox"/>	<input type="checkbox"/>

# California Functional Capacity Evaluation Guidelines For

**RD Boyd**



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