

# Directed Reading

## Chapter 15: The Cardiovascular system & assessment

1. The right atrium receives what type of blood? The left atrium receive what type of blood?
  - a. The right atrium receives deoxygenated blood from the veins of the body via the superior and inferior venae cavae. The right atrium is separated from the right ventricle by the tricuspid valve. When open, deoxygenated blood flows through this valve into the right ventricle, which then pumps it through the pulmonary artery to the lungs
  - b. The left atrium receives freshly oxygenated blood from the lungs through the pulmonary veins. The left ventricle, separated from the left atrium by the bicuspid or mitral valve, pumps this freshly oxygenated blood out the aorta to the systemic circulation.
2. The right side of the heart pumps blood to what part of the body? The left side of the heart pumps blood to what part of the body?
  - a. See above reading
3. What 3 factors determine peripheral vascular resistance?
  - a. Arterial circulation is maintained by a balance of blood flow, peripheral vascular resistance, and blood pressure. Blood flow is the amount of blood transported.
  - b. Peripheral Vascular Resistance (PVR) is the force opposing blood flow. PVR is determined by three factors:
    - i. Blood viscosity (thickness): The greater the viscosity of the blood, the greater its resistance to moving and flowing.
    - ii. Vessel length: The longer the vessel, the greater the resistance to blood flow.
    - iii. Vessel diameter: The smaller the vessel is, the more friction is produced, and the greater the resistance is to blood flow.
4. What affect does an increase in renin/angiotensin (released by the kidneys) have on blood pressure?
  - a. The kidneys help regulate BP. A fall in BP stimulates the renin-angiotensin-aldosterone mechanism, causing vasoconstriction and salt and water retention. Antidiuretic hormone (ADH) from the pituitary gland promotes water retention, increasing blood volume, cardiac output and blood pressure.
5. What affect does and increase in antidiuretic hormone released by the pituitary have on blood pressure?
  - a. See above #4

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**Roman Wölfel**



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