

THE
FEELINGS
MONSTERS



EMILY HARTMANN

Book Of Feelings

Libby Walden



Book Of Feelings:

In My Heart Jo Witek, 2014-10-14 New York Times Bestseller A must have for any storytime Kirkus Reviews Childlike drawings evoke each feeling with a playful style Publishers Weekly Evocative imagery popping with bright colors School Library Journal Happiness sadness bravery anger shyness celebrate feelings in all their shapes and sizes in this full color picture book from the Growing Hearts series Our hearts can feel so many feelings Some make us feel as light as a balloon others as heavy as an elephant In My Heart explores a full range of emotions describing how they feel physically inside with language that is lyrical but also direct to empower readers to practice articulating and identifying their own emotions With whimsical illustrations and an irresistible die cut heart that extends through each spread this gorgeously packaged and unique feelings book is sure to become a storytime and bedtime favorite It will not only help your little boy or girl understand his or her feelings but you may also hear Read it again Read it again when you think it s time for bed The Growing Hearts series celebrates the milestones of a toddler s emotional development from conquering fears and expressing feelings to welcoming a new sibling Read them all Hello in There A Big Sister s Book of Waiting In My Heart A Book of Feelings Brave As Can Be A Book of Courage All My Treasures A Book of Joy In My Room A Book of Creativity and Imagination With My Daddy A Book of Love and Family My Little Gifts A Book of Sharing My Tree and Me A Book of Seasons **My Book of Feelings** Nicola Edwards, 2021-03-23 Inspired by the Montessori method of education this unique board book uses wooden emojis that spin to help navigate the world of emotions with your child Explore a range of interesting and emotive topics together to delve into what feelings really mean This interactive book with wooden emojis to spin and choose from will help parents and caregivers navigate the world of emotions with children Explore a wide range of interesting and emotive topics together and delve into what feelings really mean My World is an engaging series inspired by the Montessori method of education where each title features hands on practical learning Enthusiastic young learners can explore many exciting topics presented in creative unique formats [What Are You Feeling? Feelings Books for Children Children's Emotions & Feelings Books](#) Baby Professor, 2017-04-15 Teach your kids about feelings and emotions so they can express themselves well There must be so many emotions felt on a daily basis and the ability to name them each would ultimately lead to appropriate responses This is a book that will teach your little ones well Buy a copy now **My Book of Feelings** Nicola Edwards, 2020-08-06 Does playing in the snow make you happy Maybe you worry about visiting the dentist Use the colourful emoji spinner and mirror to put a face to your feelings This interactive book helps you to navigate the world of emotions with your child Explore a range of interesting and emotive topics together and delve into what feelings really mean **ABC of Feelings** Bonnie Lui, 2021-09-14 The perfect way for kids to explore the wide range of emotions they feel every day complete from A to Z with bright bold illustrations From anxious to zany kids experience a wide range of emotions but they don t often have the language to explain how they re feeling ABC of Feelings explains that it s perfectly okay and normal to feel many

different things and gives both kids and parents the tools they need to make the abstract nature of feelings and emotions easier to discuss and understand

The EMOTIONS Book Laura Humphrey,2020-10-19 The EMOTIONS Book A book about feelings for young children 12 Facial expressions one for each emotion Chat through the examples explore the faces open up the discussion about feelings with your little one Perfect for all young children and a great resource for home schooling families 26 colourful pages bold illustrations and colourful text

The Abc Book of Feelings ,2018 Everyone has feelings and lots of them you've had This richly detailed picture book celebrates feelings emotional and physical joyful and challenging It invites young children to share their experiences with family friends and carers The sensitive engaging text offers gentle ideas for managing fear anger sadness and jealousy A superb book to encourage expression of feelings Now in a big book format Ages 2-6

Emotions! Mary C. Lamia,2013 Emotions affect motivation self awareness social relationships decision making self control and your ability to achieve goals Yet many young adults have little understanding about how emotions actually manifest in daily life In this book clinical psychologist Mary Lamia breaks down individual emotions such as shame anger hope and happiness and shows teens where each emotion originates how it makes you feel physically and mentally and what you can do about it if it feels too big or out of control This is an invaluable book for any teen struggling with strong emotions or anyone who wants to understand more about themselves and their emotion fuelled life

The Great Big Book of Feelings Mary Hoffman,2013

We Feel Happy Katie Abey,2022-01-20 A fantastic first book of feelings that introduces little ones to a wide range of emotions Why are the animals happy What has made them feel sad What do YOU feel excited about We feel happy when reading our favourite book We feel calm when we have a bath We feel excited when we go to a party We Feel Happy is the perfect book for starting a conversation about feelings with children The animals are experiencing lots of different emotions from the hippos who are excited to visit their friends to the shark who is grumpy about brushing its teeth Includes learning hooks such as counting first words and recognising animals interactive speech bubbles prompts and ideas on how to process and understand our emotions and lots of interesting things to spot on every page

_____ Vibrantly illustrated by the talented Katie Abey illustrator of *We Wear Pants We Eat Bananas* and *We Catch the Bus* and perfect for fans of *You Choose* and *Just Imagine* We Feel Happy includes the feelings happy calm worried shy curious grumpy sad scared sorry excited and a guide written by early years specialist Dr Helen Lewis with lots of useful information for speaking to children about their emotions

Big Book of Feelings Z. Andrew Jatau,1985-07-08 Big Book of Feelings is a coloring and activity book designed to help your child learn more about feelings that he or she experiences on a daily basis This book covers 30 unique feeling words and provides short story examples for each one With each new word your child is given the opportunity to write and draw about times when they've felt similarly Big Book of Feelings also includes a Feelings Journal which is helpful for allowing your child to document whenever they experience any of the feeling words they've learned Using this workbook will increase your child

s knowledge of different feelings words and will assist them in being able to express to you more accurately their emotions Increasing your child s competence in feelings identification will enhance their ability to respond more empathically to others

The ABC Book of Feelings Helen Martin, Judith Simpson, 2017-11-20 This richly decorated picture book celebrates feelings emotional and physical joyful and challenging It invites young children to share their experiences with family friends and carers The sensitive engaging text offers gentle ideas for managing fear anger sadness and jealousy Publisher s description

Focus on Feelings(R): Learning More About My Feelings Carmen Jimenez-Pride, 2021-03-16 Learning more about my Feelings is a resource that focuses on 20 feelings often expressed by older children This book introduces feelings in three ways 1 Visually by showing the emotion 2 Explaining by providing an easy to follow meaning of the emotion 3 Demonstration is given in a scenario form Focus on Feeling R Learning More about my Feelings is written to be used in various settings such as the classroom therapy room or home setting This book gives the educator flexibility to teach the feelings utilizing creative methods This book gives the reader a sense of independence and achievement of gaining an understanding of the feelings when reading alone

Feelings Alikei, 2021-02-02 This classic picture book from beloved author illustrator Alikei is a great way to explore feelings with younger kids whether at home or in the classroom Happy sad shy excited how do you feel No matter the emotion Feelings explores it and helps children understand and express their own feelings Best selling author Alikei uses a child friendly cartoon style to build empathy and awareness in young readers and to help them find appropriate ways to handle their feelings Short funny comics show how children might feel in different situations at a birthday party when a beloved pet dies on the first day of school and more A timeless classic ideal for sharing Children often have difficulty articulating emotions That fact is the underpinning for Alikei s catalog of feelings be they happy sad or somewhere in between Booklist A delightful book New York Times Book Review

The Feelings Book Todd Parr, 2008-11-15 Sometimes I feel silly Sometimes I feel like eating pizza for breakfast Sometimes I feel brave Sometimes I feel like trying something new The Feelings Book vibrantly illustrates the wide range of moods we all experience Kids and adults will appreciate Todd Parr s quirky intelligence as he pays special attention to the ever changing sometimes nonsensical emotions that we all feel Targeted to young children first beginning to read this book will inspire kids to discuss their multitude of feelings in a kid friendly accessible format told through Parr s trademark bold bright colors and silly scenes Along with the four other bestselling Todd Parr picture books The Feelings Book is designed to encourage early literacy enhance emotional development celebrate multiculturalism and promote character growth

Everyone Has Feelings Jennifer Tisot, 2012-12-15 Everyone Has Feelings is an introductory book about feelings for children It uses photography and clear straight forward language to help children understand their feelings including what makes them feel the way they do and how they experience feelings in their bodies and hearts It also gives children the opportunity to explore strategies for changing how they feel This is a great book for parents teachers and young children It is also an affective teaching tool for

children on the spectrum who struggle with the social cues and concepts around feelings *First Emotions: How Am I Feeling?* DK,2020-05-21 The characters Happiness Anger Sadness and Pride are here to teach your little ones how to recognise emotions and name their feelings This brightly illustrated board book is a gentle and simple introduction to strong emotions It will help your pre schooler tell you how they are feeling and understand what happens to their body when they are happy or sad Cute characters like the star for Pride and the flame for Anger evoke the feelings that small children have experienced They just might not have the words for it just yet Help them understand what these emotions are and that everyone feels them sometimes This charming book explains how emotions can make us act in different ways like stamping our feet when we are angry or jumping up and down when we are happy It tells children what happens to their bodies inside and out when they feel different things and why we act the way we do The easy language makes for a fun and educational reading time This helps children with language vocabulary and talking about their emotions especially if they have difficulty expressing feelings Let the characters help your toddler answer the question why do I feel sad with simple explanations *A Little Guide to My Emotions* This fantastic children s feeling guide includes Four key emotions to learn Easy to read text that encourages vocabulary building Beautiful illustrations that will engage pre schoolers Each character emotion in *How Am I Feeling* has a storybook of their own Look out for sunshine in *I Feel Happy* raincloud in *I Feel Sad* flame in *I Feel Angry* and the little star in *I Feel Proud* so your little one can continue to grow their emotional development **Feelings** Libby Walden,2023-02-07 Explore the world of emotions with this stunning peek through book Lyrical text and enchanting illustrations bring each emotion to life to help children understand the universal and unique nature of feelings **Happy!** Mary Murphy,2019-03 A first book of feelings for the very youngest children Lift the flaps and explore the world of emotions in this fun interactive board book for very young children Mary Murphy s warm and wittily illustrated puppies provide a charming and engaging way to find out all about feelings through play and common experience to provide a springboard for discussion for families friends and nurseries *Happy* features the same adorable puppy and is a companion title to Mary Murphy s *Are You My Mummy* **All about Feelings** Felicity Brooks,2023-07-04 How are you feeling today This fun friendly and reassuring introduction to feelings is designed to help young children recognise understand and name how they re feeling and learn to talk about and manage their emotions in helpful ways

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