
PALS Test 2023-2024 Questions and Answers 100% Correct.

Chest Compression depth: Infant - ANSWER-1.5 inch or 4 cm (1/3 AP Diameter)

Chest Compression depth: Child - ANSWER-2 inches or 5 cm (1/3 AP Diameter)

Maximum Compression depth: Infant - ANSWER-2.4 in or 6cm

Infant/children/adolescent compression rate - ANSWER-100-120 compressions a minute

Ratio for single rescuer - ANSWER-30 compressions 2 breaths

Ratio for 2 rescuer - ANSWER-15 compressions 2 breaths

Rate of rescue breathing - ANSWER-1 breath every 6-8 seconds or 8-10 breaths/min

Isotonic Crystalloids 2 examples - ANSWER-NS & Lactated Ringers

Fluid challenge is how much (in hypotension)? - ANSWER-20mL/kg (18kg gets 260 mL)

BP parameters for PALS (minimum systolic in 4 age groups) - ANSWER-0-1month old= min 60 systolic

1 month-1 year= min 70 systolic

1 year-10 year= min $70+(2 \times \text{age})$ systolic

over 10 years= min 90 systolic

Atropine dose pre-intubation - ANSWER-Atropine 0.02 mg/kg

Med: Shock refractory VF or pulseless Tachycardia - ANSWER-Lidocaine or Amiodarone (used in field had better chance of survival but in hospital, either drug has same outcome)

Amiodarone dosage - ANSWER-5mg/kg

Epinephrine in Cardiac Arrest Indication - ANSWER-all pulseless arrests, hypotensive shock, anaphylaxis, asthma, croup

Targeted Temperature management post cardiac arrest - ANSWER-5 days of normothermia (36C-37.5C or 96.8F-99.5F)- NOT HYPOTHERMIA

Pals Test Questions Answers

SA Dillow



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