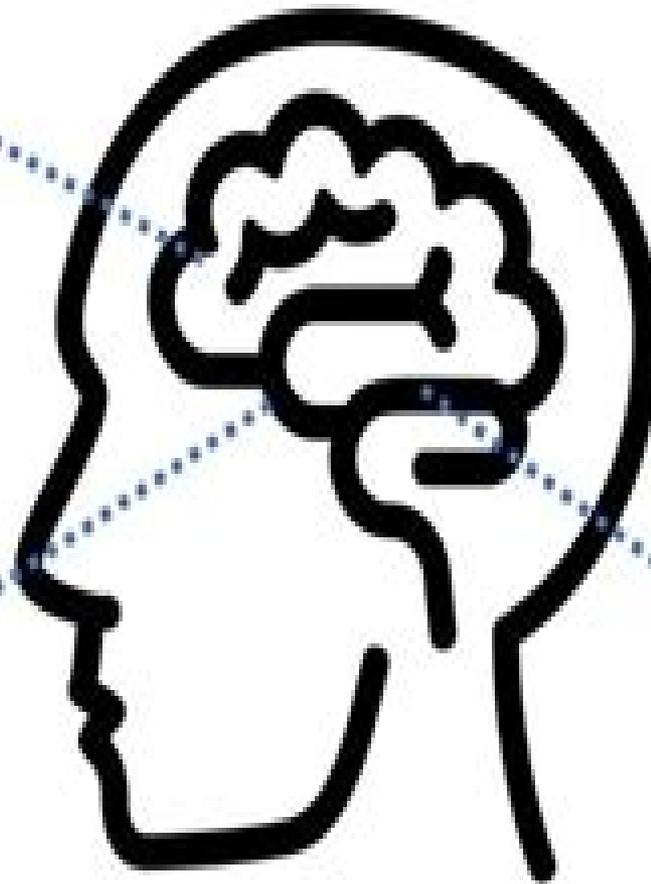


Cognitive Load Theory

Intrinsic Load
(complexity of
new information)



Germane Load
(linking new info
to existing knowledge)

Extraneous Load
(unnecessary and
distracting information)

Cognitive Load Theory Learning Skills From Mindtools Com

Franco Landriscina



Cognitive Load Theory Learning Skills From Mindtools Com:

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