

# ADL Coding Cheat Sheet

The 6-point scale and activity not attempted codes	
<b>06 - Independent</b>	Patient/resident safely completes the activity by him/herself with no assistance from a helper.
<b>05 - Setup or cleanup assistance</b>	Helper sets up or cleans up; patient/resident completes activity. Helper assists only prior to or following the activity.
<b>04 - Supervision assistance (verbal or touch cues)</b>	Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient/resident completes activity. Assistance may be provided throughout the activity or intermittently.
<b>03 - Partial/moderate assistance (helper does &lt;50%)</b>	Helper does <b>less than half the effort</b> . Helper lifts, holds or supports trunk or limbs, but provides less than half the effort.
<b>02 - Substantial/maximal assistance (helper does &gt;50%)</b>	Helper does <b>more than half the effort</b> . Helper lifts or holds trunk or limbs and provides more than half the effort.
<b>01 - Dependent</b>	Helper does <b>all of the effort</b> . Patient/resident does none of the effort to complete the activity. Or, the assistance of 2 or more helpers is required for the patient/resident to complete the activity.
<b>If activity was not attempted, code reason:</b>	
<ul style="list-style-type: none"> <li>• <b>07</b> - Patient/resident refused</li> <li>• <b>09</b> - Not applicable: Not attempted and the patient/resident did not perform this activity prior to the current illness, exacerbation, or injury.</li> <li>• <b>10</b> - Not attempted due to environmental limitations (e.g., lack of equipment, weather constraints)</li> <li>• <b>88</b> - Not attempted due to medical condition or safety concern</li> </ul>	
Activities of daily living	
<b>Bathing</b>	<b>Dressing</b>
<ul style="list-style-type: none"> <li>• Bathing/showering</li> <li>• Oral care</li> </ul>	<ul style="list-style-type: none"> <li>• Choosing clothing</li> <li>• Putting on or removing clothing and footwear</li> </ul>
<b>Toileting</b>	<b>Transferring</b>
<ul style="list-style-type: none"> <li>• Use of toilet</li> <li>• Arranging clothing when toileting</li> <li>• Cleaning genital area</li> </ul>	<ul style="list-style-type: none"> <li>• Moving in and out of bed or chair</li> <li>• Use of mechanical transfer aids</li> </ul>

# Cna Guide For Adl Coding

**Annelies Wilder-Smith**



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