

1 IN 5 TEENS IN CITY SCHOOLS UNDERWEIGHT



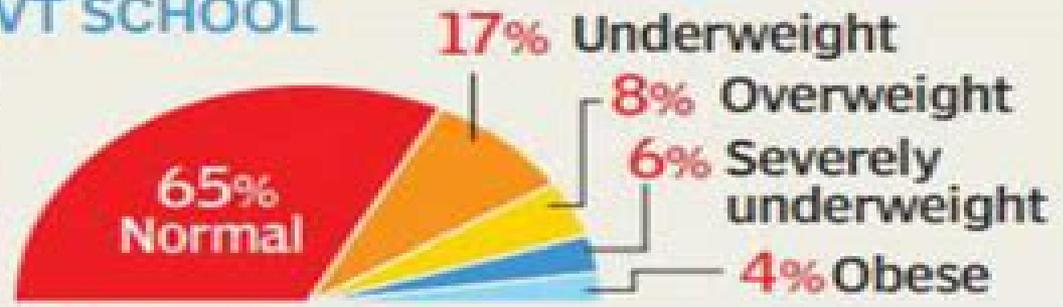
No. of students
1,785



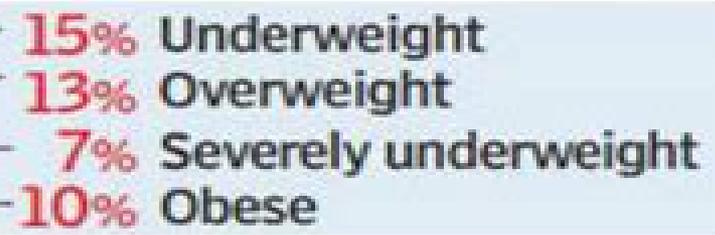
(950 from 12 govt schools and 835 from 10 private schools)

Age group
15-19 yrs

BMI OF GOVT SCHOOL STUDENTS



BMI OF PRIVATE SCHOOL STUDENTS



Low weight is linked to

- Poor physical stamina
- Low immunity (immunity compromised)
- Anaemia
- Protein calorie malnutrition

- Poor concentration and attention
- Poor self esteem
- Retarded growth and development
- Fragile bones and hair loss

Chapter 8 The Underweight Adolescent

Barbara M. Newman, Philip R. Newman

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