

GENERAL PSYCHOLOGY FINAL EXAM STUDY GUIDE

1. In its early years, psychology focused on the study of _____, but from the 1920s into the 1960s, American psychologists emphasized the study of _____.
 - A. environmental influences; hereditary influences
 - B. maladaptive behavior; adaptive behavior
 - C. unconscious motives; conscious thoughts and feelings
 - D. mental life; observable behavior**
2. The young science of psychology developed from the more established fields of philosophy and _____.
 - A. economics
 - B. biology**
 - C. geography
 - D. sociology
3. Janna has low self-esteem because she is often teased for being overweight. Appreciating the complexity of Janna's difficulties requires _____.
 - A. introspection
 - B. psychoanalysis
 - C. massed practice
 - D. a biopsychosocial approach**
4. Professor Crisman believes that most women prefer tall and physically strong partners because this preference promoted the survival of our ancestors' genes. This viewpoint best illustrates the _____ perspective.
 - A. social-cultural
 - B. cognitive
 - C. evolutionary**
 - D. psychodynamic
5. Professor Lopez believes that severe depression results primarily from an imbalanced diet and abnormal brain chemistry. Professor Lopez favors a _____ perspective on depression.
 - A. neuroscience**
 - B. psychodynamic
 - C. behavior genetics
 - D. cognitive
6. Efforts to discover whether the intelligence of children is more heavily influenced by their biology or by their home environments are most directly relevant to the debate regarding _____.
 - A. structuralism vs. functionalism
 - B. evolution vs. natural selection
 - C. observation vs. introspection
 - D. nature vs. nurture**
7. Contemporary psychology is best defined as the science of _____.
 - A. conscious and unconscious mental activity
 - B. observable responses to the environment
 - C. behavior and mental processes**
 - D. maladaptive and adaptive behaviors
8. Humanistic psychologists focused attention on the importance of people's _____.

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