



Reflective Journal on Clinical Issues

Introduction

Nursing is a multifaceted working field in which makes nurses face many challenging issues during their clinical experience. Reflective practice is one of the major tools within the quiver of an experienced nurse which can be used as a powerful weapon against these multiple clinical issues. Reflective practice helps a nurse to learn from experiences through careful evaluation and analysis of incidents so that she can deal with a new similar situation in a better way. This writing discusses 3 clinical issues using Gibb's model of reflective writing and they are, inadequate staffing, misunderstanding of patient symptoms,s and problems associated with telephonic advice, supported by appropriate journal articles.

Inadequate Nurse–Patient Ratio

Staff shortage is one of the major problems faced by many hospitals in India, especially in public hospitals. Being a nurse experienced in India, I have experienced the problems related to this many times. The following is one of those issues. Around five years back, when I was a newly appointed nurse in one of the public hospitals, I was forced to give care for 40 patients alone due to a staff shortage. I was thinking that, if I cannot complete my routine work faster, I won't be able to receive new admissions. Immediately after handing it over, I started checking vital signs beginning from bed no:1. I was in a hurry to complete my work as there was no one else to help me. When I approached the last patient in the ward, I have noticed that the patient looked irritable

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Léo Pomar



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Table of Contents Clinical Reflective Journal Examples

1. Understanding the eBook Clinical Reflective Journal Examples
 - The Rise of Digital Reading Clinical Reflective Journal Examples
 - Advantages of eBooks Over Traditional Books
2. Identifying Clinical Reflective Journal Examples
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Clinical Reflective Journal Examples
 - User-Friendly Interface
4. Exploring eBook Recommendations from Clinical Reflective Journal Examples
 - Personalized Recommendations
 - Clinical Reflective Journal Examples User Reviews and Ratings
 - Clinical Reflective Journal Examples and Bestseller Lists
5. Accessing Clinical Reflective Journal Examples Free and Paid eBooks
 - Clinical Reflective Journal Examples Public Domain eBooks

- Clinical Reflective Journal Examples eBook Subscription Services
- Clinical Reflective Journal Examples Budget-Friendly Options
- 6. Navigating Clinical Reflective Journal Examples eBook Formats
 - ePub, PDF, MOBI, and More
 - Clinical Reflective Journal Examples Compatibility with Devices
 - Clinical Reflective Journal Examples Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Clinical Reflective Journal Examples
 - Highlighting and Note-Taking Clinical Reflective Journal Examples
 - Interactive Elements Clinical Reflective Journal Examples
- 8. Staying Engaged with Clinical Reflective Journal Examples
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Clinical Reflective Journal Examples
- 9. Balancing eBooks and Physical Books Clinical Reflective Journal Examples
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Clinical Reflective Journal Examples
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Clinical Reflective Journal Examples
 - Setting Reading Goals Clinical Reflective Journal Examples
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Clinical Reflective Journal Examples
 - Fact-Checking eBook Content of Clinical Reflective Journal Examples
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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