

Sophia Partha

MEP Engineer

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📍 Sheffield

📁 Portfolio

+ CSCS Card

Professional Profile

Accomplished MEP Engineer with a strong track record of installing and optimising advanced MEP systems for domestic and commercial constructions. HVAC and NICEIC qualified engineer, highly experienced in aligning MEP design and installation with British building regulations and industry standards. Proficient in RFI management, proposal development, and sustainability integration.

Core Skills

HSE Compliance

RFI Process Management

Project Submittal

System Design

Feasibility Studies

HVAC Systems

Career Summary

Aug 2018 - Present

Parker Construction, Sheffield
MEP Engineer

Outline

Oversee and coordinate MEP systems for a leading UK construction firm, managing multi-million-pound contracts and focusing on the efficient installation and integration of mechanical, electrical, and plumbing systems.

Key Responsibilities

- Ensure compliance with UK building regulations, health, and safety standards
- Manage the RFI process, including submission, tracking, and distribution
- Lead MEP system design and integration, collaborating with architects and contractors
- Develop proposals and feasibility studies for MEP projects
- Monitor sustainability and energy efficiency initiatives, aiming to exceed industry benchmarks
- Maintain a comprehensive record of project submittals and documentation
- Assist Project Managers in scheduling inspections and liaising with subcontractors
- Coordinate project close-out and final punch list activities
- Prepare and manage the contract item's list for all components, materials, and systems

Key Achievements

- Successfully managed a complex £4.5 million hospital construction project, delivering it £400K under budget and ahead of schedule.
- Implemented advanced MEP system designs that led to a 20% reduction in energy consumption across multiple projects.

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Practical Concepts for Capstone Design Engineering Frederick Bloetscher, Daniel Meeroff, 2015-07-01 *Practical Concepts for Capstone Design Engineering* is the first and only comprehensive senior level college textbook that provides the essential information needed to complete a successful capstone project in civil construction or environmental engineering The concept for the book is based on replication of the steps commonly used by practicing engineers to complete design projects from site selection investigation and site planning through the preliminary design calculations and drawing preparation Students will gain valuable insight and preparation for civil and construction engineering professional practice and will learn how to smoothly transition from strictly academic work to solving real world problems in the context of their capstone projects The authors provide professional quality work examples case studies helpful hints and assignments at the end of each chapter that further enhance comprehension In addition to providing students with the key skills necessary to successfully enter the profession they will also be well prepared for the Fundamentals of Engineering Exam upon graduation

Engineering News-record ,1978 **The Damn Good Resume Guide** Yana Parker,1996 Guides the reader through the process of creating a successful resume **US Black Engineer & IT** ,1987 **Ethnic Identity and Power** Yali Zou, Enrique T. Trueba, Henry T. Trueba, 1998-04-02 A stimulating comparative examination of the educational ramifications of cultural identity with implications for public policy *US Black Engineer & IT* ,1987 **ENR** ,2000 **Consulting-specifying Engineer** ,2000 *Engineering News and American Contract Journal* ,2002 **Architectural Record** ,2005 *EM* ,1998

Hispanic Times Magazine ,1989 **Winds of Change** ,2002 **Anuario Hispano Hispanic Yearbook** Inc. Tiym Publishing Company, 2005-05 A thorough reference tool for the Hispanic community in America this guide includes information on education business employment healthcare and governmental agencies Detailed listings of community publications organisations and media outlets are included along with financial aid guidance for students career counselling a listing of business opportunities and statistical data **ASHRAE Journal** ,1996 *The Architect's Newspaper* ,2005

Southern Electrician ,1912 *Shipbuilding & Shipping Record* ,1923 *Ziff Davis Smart Business* ,2001-05 **The Week in Europe** ,1991

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