

Fifteen years of the Family Eating and Activity Habits Questionnaire (FEAHQ): an update and review

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What is already known about this subject

- The FEAHQ was originally developed in Israel and designed for use in family-based weight-management interventions that emphasized changes in the environment and in parents' knowledge, behaviors, and modeling.
- A key distinction of the FEAHQ from other tools is the ability to evaluate the overall obesogenic environment and, at the same time, each of the family members' eating and activity patterns, reflecting the importance of parenting behavior and modeling in child weight status.
- The FEAHQ is a useful clinical tool for identifying target behaviors for treatment and monitoring treatment progress.

What this study adds

- FEAHQ-R includes adjustments made to improve the tool use.
- New data supporting the psychometric properties of the Revised FEAHQ.

Summary

Background: The Family Eating and Activity Habits Questionnaire (FEAHQ) is a 32-item self-report instrument designed to assess the eating and activity habits of family members as well as obesogenic factors in the overall home environment (stimulus and behaviour patterns) related to weight. Originally, this questionnaire, which was developed in Israel, was designed for use in family-based weight-management interventions that emphasized changes in the environment, and in parents' knowledge, behaviours and modeling. It was developed for use with children aged 6–11 years and designed for co-completion by parents or caretakers and their children. Over the years, it has been administered in research and clinical settings in Israel, England, Australia and other countries. Its 15-year anniversary calls for an update in the literature regarding adjustments made to improve its use in different settings and with different ethnic populations and the psychometric properties of the revised version.

Objective: The goal of this paper is threefold: (i) to describe the history and development of the FEAHQ; (ii) to present new data supporting the psychometric properties of the subscales of the Revised FEAHQ (FEAHQ-R) for ages 6–12 years and (iii) to review the clinical and research literature reporting on FEAHQ subscales.

Methods: The psychometric properties of the revised questionnaire were evaluated in a randomized control trial and in a naturalistic, community-based study to promote healthy lifestyle among families with children 6–12 years of age from different ethnic populations.

Results: The tool demonstrated good test-retest reliability when completed by caretakers and very good internal consistency. The questionnaire scores discriminated between obese and normal-weight children and predicted the weight classification of 66% of the participants.

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Family Activity And Eating Habits Questionnaire By

Daniel F McAuley



Family Activity And Eating Habits Questionnaire By:

Family Activity and Eating Habits Questionnaire Nicole Ann Donisthorpe, 2012 The nationwide health concern of childhood obesity directly affects the western rural state of Montana From 1990 to 2007 the childhood obesity rate in Montana has grown from affecting nine percent of the population of children to twenty seven present Daphane 1990 NICH 2007 The study s purpose is to examine family eating and activity habits that directly impact the likelihood of a child to develop childhood obesity including activity level stimulus exposure eating related to hunger and eating styles The instrument used in this research study was the Family Eating and Activity Habits Questionnaire contained four subcategories including activity level stimulus exposure eating related to hunger and eating style The Family Eating and Activity Habits Questionnaire use a wide variety of fill in the blank questions and rating scales in order to examine each of the subcategories The specific target population for this study was parents who reside in the western rural state of Montana based on a convenience sample The sample population was parents with children between the ages of five to thirteen who were willing to complete a parental questionnaire The parental questionnaires were distributed in March and April of 2011 in two elementary schools After the parental questionnaires were collected the parental questionnaire scores were measured by adding up the mean of each score the mother father child and total family score The central tendency of the data was analyzed and compared with the mean total score establish in the previous Family Activity and Eating Habit Questionnaire results In the activity level section the M score was 21 8 The SD computed was 22 96 In the stimulus exposure section the M score was 10 7 The SD computed was 4 05 In the eating related to hunger section the M score was 5 5 The SD computed was 2 42 In the eating styles section the M score was 42 The SD computed was 15 07 In the overall scoring of the survey the M score was 80 The results of overall score indicate that the higher the total scores the less appropriate the eating and activity patterns

Obesity Assessment: Tools, Methods, Interpretations Sachiko St. Jeor, 1997-05-15 This book provides reference points for researcher clinicians and edu cators for assessing obesity in different individuals and populations It serves as a ready reference for selected measures of weight nutri tion and dietary intake activity and exercise behavior well being and disease risk relationships It presents assessment tools along wi th their applications and practical interpretations Emphasis is given to the differences by age gender weight status and the many interre lated variables that contribute to the development and or exacerbation of the obese state *Journal of the American Dietetic Association* ,2003 Family Economics and Nutrition Review ,1999 *Nutrition Abstracts and Reviews* ,2006 The Biopolitics of Lifestyle Christopher Mayes, 2015-12-22 A growing sense of urgency over obesity at the national and international level has led to a proliferation of medical and non medical interventions into the daily lives of individuals and populations This work focuses on the biopolitical use of lifestyle to govern individual choice and secure population health from the threat of obesity The characterization of obesity as a threat to society caused by the cumulative effect of individual lifestyles has led to the politicization of daily

choices habits and practices as potential threats This book critically examines these unquestioned assumptions about obesity and lifestyle and their relation to wider debates surrounding neoliberal governmentality biopolitical regulation of populations discipline of bodies and the possibility of community resistance The rationale for this book follows Michel Foucault's approach of problematization addressing the way lifestyle is problematized as a biopolitical domain in neoliberal societies Mayes argues that in response to the threat of obesity lifestyle has emerged as a network of disparate knowledges relations and practices through which individuals are governed toward the security of the population's health Although a central focus is government health campaigns this volume demonstrates that the network of lifestyle emanates from a variety of overlapping domains and disciplines including public health clinical medicine media entertainment school programs advertising sociology and ethics This book offers a timely critique of the continued interventions into the lives of individuals and communities by government agencies private industries medical and non medical experts in the name of health and population security and will be of interests to students and scholars of critical international relations theory health and bioethics and governmentality studies

Study of food habits ,1927 Nutrition and Sustainable Development Goal 3: Good Health and Wellbeing Alejandro Cifuentes,Elena Ibañez,Miroslava Rossenova Atanassova,Özlem Çağındı,Alfred Mugambi Mariga,Elezebeth Mathews,2025-01-23 Building on the Millennium Development Goals the UN Sustainable Development Goals SDGs are the cornerstone of the 2030 Agenda for Sustainable Development billed by the UN as an agenda of unprecedented scope and significance These seventeen goals are conceived as integrated indivisible and as balancing the economic social and environmental dimensions of sustainable development To be achieved by 2030 the goals are organized around five core pillars people planet prosperity peace and partnership As a member of the SDGs Publishers Compact Frontiers is committed to advocating the themes represented by the SDGs and accelerating progress to achieve them

Handbook of Behavior Therapy with Children and Adults Robert T. Ammerman,Michel Hersen,1993

Australian Family Physician ,2006 **Obesity in Youth** Leslie J. Heinberg,J. Kevin Thompson,2009 This thorough and incisive book describes current trends and discusses their implications for the assessment treatment and prevention of obesity in youth

1998 Vanuatu Non-communicable Disease Survey Report Maturine Carlot-Tary,2000 *Health Psychology* Regan A. R. Gurung,2018-08-29 Health Psychology Well Being in a Diverse World introduces students to the main topics and issues in health psychology through a unique perspective focused on diversity Using a conversational tone author Regan A R Gurung explores the key determinants of behavior such as family environment ethnicity and religion and connects concepts to personal experiences for students to gain a deeper understanding and appreciation of the material Extensively updated based on over 1 000 new articles cited and with a new chapter on research methods the Fourth Edition reflects the latest cutting edge research in the field to explain more thoroughly how context and culture are important predictors of healthy behavior

Bibliography of Agriculture ,1999 **Nutrition Connection** ,1995 **The Survey** ,1928

Comprehensive Family and Community Health Nursing Susan Clemen-Stone, Diane Gerber Eigsti, Sandra L. McGuire, 1987 Attempts to assist students and practitioners to gain an understanding of the role of the community health nurse and shows how changes in the health care delivery system have expanded the nature and scope of community health nursing practice **Sociological Abstracts**, 1994 **The Problem of Convalescence and After Care in Children with Rheumatic Fever and Chorea, as Shown by a Survey of Cases Treated at the James Whitcomb Riley Memorial Hospital** Grace Beals Ferguson, 1930 **Comprehensive Community Health Nursing** Susan Clemen-Stone, Sandra L. McGuire, Diane Gerber Eigsti, 2002 New edition of a text providing a foundation for community health nursing practices with emphasis on a preventive approach and a partnership with clients and other stakeholders in addressing community needs Discussion includes historical and current perspectives the family centered approach theoretical foundations for population focused practice care from infancy to the well elderly school health and occupational health nursing long term care needs and management of professional commitments An insert contains a complete corrected index Annotation copyrighted by Book News Inc Portland OR

Family Activity And Eating Habits Questionnaire By Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has been apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Family Activity And Eating Habits Questionnaire By**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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Table of Contents Family Activity And Eating Habits Questionnaire By

1. Understanding the eBook Family Activity And Eating Habits Questionnaire By
 - The Rise of Digital Reading Family Activity And Eating Habits Questionnaire By
 - Advantages of eBooks Over Traditional Books
2. Identifying Family Activity And Eating Habits Questionnaire By
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in a Family Activity And Eating Habits Questionnaire By
 - User-Friendly Interface
4. Exploring eBook Recommendations from Family Activity And Eating Habits Questionnaire By
 - Personalized Recommendations
 - Family Activity And Eating Habits Questionnaire By User Reviews and Ratings

- Family Activity And Eating Habits Questionnaire By and Bestseller Lists
- 5. Accessing Family Activity And Eating Habits Questionnaire By Free and Paid eBooks
 - Family Activity And Eating Habits Questionnaire By Public Domain eBooks
 - Family Activity And Eating Habits Questionnaire By eBook Subscription Services
 - Family Activity And Eating Habits Questionnaire By Budget-Friendly Options
- 6. Navigating Family Activity And Eating Habits Questionnaire By eBook Formats
 - ePub, PDF, MOBI, and More
 - Family Activity And Eating Habits Questionnaire By Compatibility with Devices
 - Family Activity And Eating Habits Questionnaire By Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Family Activity And Eating Habits Questionnaire By
 - Highlighting and Note-Taking Family Activity And Eating Habits Questionnaire By
 - Interactive Elements Family Activity And Eating Habits Questionnaire By
- 8. Staying Engaged with Family Activity And Eating Habits Questionnaire By
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Family Activity And Eating Habits Questionnaire By
- 9. Balancing eBooks and Physical Books Family Activity And Eating Habits Questionnaire By
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Family Activity And Eating Habits Questionnaire By
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Family Activity And Eating Habits Questionnaire By
 - Setting Reading Goals Family Activity And Eating Habits Questionnaire By
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Family Activity And Eating Habits Questionnaire By
 - Fact-Checking eBook Content of Family Activity And Eating Habits Questionnaire By
 - Distinguishing Credible Sources

13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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