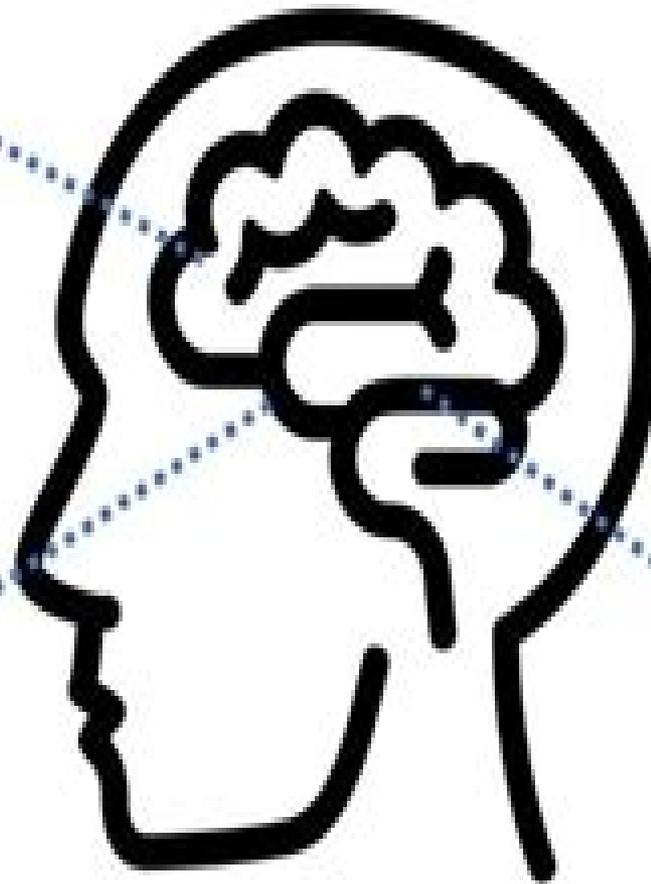


Cognitive Load Theory

Intrinsic Load
(complexity of
new information)



Germane Load
(linking new info

Extraneous Load
(unnecessary and

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