

DRAW STRENGTH & INSPIRATION FROM ANCIENT ORIGINS



# MYTHS of the ASAṆAS

THE STORIES AT THE HEART OF THE YOGA TRADITION

Alanna Kaivalya & Arjuna van der Kooij

Foreword by Shiva Rea • Afterword by Manorama

EXPANDED EDITION

# Myths Of The Asanas

**Joacim Rocklöv**



## **Myths Of The Asanas:**

Delve into the emotional tapestry woven by Emotional Journey with in Dive into the Emotion of **Myths Of The Asanas** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; itis a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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