

Post-PE assessment  
at 3-6 months



Cardiopulmonary  
Exercise Test

### Peripheral limitation

- RER <1.1
- Peak VO<sub>2</sub> <80%
- Heart rate reserve <80%
- Peak heart rate <80%

- Aerobic Training
- High Intensity Interval Training
- Moderate Intensity Continuous Training
- Resistance Training
- Flexibility Training

Future  
Directions:

- Tele-rehab
- Wearables



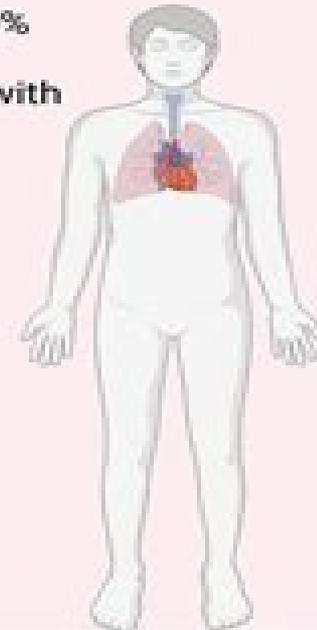
**\*overlapping  
limitations  
are  
common\***

### Cardiopulmonary limitation

- Peak VO<sub>2</sub> <80%
- Peak O<sub>2</sub> pulse <80%
- VE/VCO<sub>2</sub> >35
- ETCO<sub>2</sub>: decrease with exercise

VQ scan and  
Echocardiogram

CTED or CTEPH  
Expert CTEPH  
center referral for  
surgical PTE or BPA



# Cardiopulmonary Exercise Testing Relevant But Underused

**JG Myers**



**Cardiopulmonary Exercise Testing Relevant But Underused:**

## Reviewing **Cardiopulmonary Exercise Testing Relevant But Underused**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Cardiopulmonary Exercise Testing Relevant But Underused**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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