

BREATHING PATTERNS-HESI CASE STUDY- NRSG317, HESI CASE STUDY: MOBILITY, SKIN INTEGRITY HESI CASE STUDY, HESI: PERIOPERATIVE CARE, HESI CASE STUDY: PAIN, FLUID BALANCE- HESI CASE STUDY, ALTERED NUTRITION - HESI CASE STUDY, CONSTIPATION HESI CASE STUDY

The nurse talks to Ms. Jackson what to expect the day of the surgery and during the immediate postoperative period. The nurse provide instructions regarding cough and deep breathing exercises. Ms. Jackson performs a return demonstration by breathing in deeply through her mouth and exhaling forcefully and rapidly through pursed lips. Which action should the nurse implement?

- A. Advise the client to avoid pursing her lips when exhaling.
- B. Remind the client to cough after taking 2 to 3 breaths.
- C. Demonstrate the deep breathing and cough technique again.
- D. Document successful completion of the return demonstration. - **ANSWER-C. Demonstrate the deep breathing and cough technique again.**

Rationale: Ms. Jackson has demonstrated incorrect technique. When performing deep breathing exercises, the client should inhale through the nose and exhale slowly through the mouth without pursing the lips. The nurse should demonstrate the entire procedure again for best learning by the client.

When the nurse begins teaching the benefits of early mobilization following surgery, Ms. Jackson states, "Oh, I know if I stay in bed very long I will get bed sores." How should the nurse respond?

Breathing Patterns Case Study Evolve Answers

Julia Schneider



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