

Dry Aging vs. Wet Aging from the spruce

Dry Aging

- A time-tested method of aging meat.
- Requires an experienced butcher to monitor the process.
- Meat is hung in a humid (85%) and refrigerated (36F) environment.
- Takes 11-30 days.



Wet Aging

- The less-expensive version of aged meat.
- Can be done at home, though there are risks.
- Meat is vacuum-sealed and stored in the fridge to age.
- Takes 14 days.



Dry Aging Of Beef Beef Research

LL Leslie



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