

Gabby Malisani

Case Questions for *Medical Nutrition Therapy: A Case Study Approach* 4th ed.**Title: Case 27 – COPD with Respiratory Failure**

Instructions: Answer the questions below. Please print the questions out with your answers and bring to class on the due date.

Questions:

1. Mr. Hayato was diagnosed with emphysema more than 10 years ago. Define *emphysema* and explain its underlying pathophysiology.

Emphysema is a condition that progressively destroys the air sacs (alveoli) in the lung tissue and decreases the surface area for the exchange of oxygen and carbon dioxide, which in return makes the client short of breath. The alveoli expand, and adjacent alveoli start to merge, which makes larger air sacs that do not have a capillary network (no place for the oxygen to enter the bloodstream). Elastic tissues in the lungs are lost as well, and the lungs expand a lot easier than normal (greater compliance), but the loss of surface area restricts oxygen absorption. So the client is always out of breath and it is harder to be active.

2. In the emergency room, a chest tube was inserted into the left thorax with drainage under suction. Subsequently the oropharynx was cleared. A resuscitation bag and mask were used to ventilate the patient with high-flow oxygen. Endotracheal intubation was then performed, using a laryngoscope so the trachea could be directly visualized. The patient was then ventilated with the help of a volume-cycled ventilator. Ventilation is 15 breaths/min with an FiO_2 of 100%, a positive end-expiratory pressure of 6, and a tidal volume of 700 mL. Daily chest radiographs and ABGs were used each AM to adjust the ventilator settings. Define the following terms found in the history and physical for Mr. Hayato:
 - a. **Dyspnea: difficult or labored breathing**
 - b. **Orthopnea: a form of dyspnea in which a person can only breath comfortably when standing or sitting up erect**
 - c. **Pneumothorax: the presence of air or gas in the space between the lungs and chest cavity, which causes the lung(s) to collapse**
 - d. **Endotracheal intubation: placement of a flexible plastic catheter into the trachea**
 - e. **Cyanosis: a bluish discoloration of the skin resulting from poor circulation or inadequate oxygen in the blood**
3. Identify features of the physician's physical examination consistent with his admitting diagnosis. Describe the pathophysiology that might be responsible for each physical finding.

First of all, Mr. Hayato is suffering from dyspnea and experienced tension pneumothorax. With COPD patients, it is hard for them to breath and get enough oxygen in order to function. The collapsed lung is common in COPD patients because a cyst in the lung can rupture. He had a pulse of 118 BPM and a respiration rate of 36 BPM. These two numbers are extremely high, which is consistent with the diagnosis of COPD because the heart and lungs need to work harder in order to supply the entire body with needed oxygen. In the extremities of his body, he is experiencing cyanosis, which means not enough oxygen is getting to the parts of his body farthest from the heart. His face was also pale, which also means lack of oxygen. During the chest/lung test, there was hyperresonance, harsh inspiratory breath sounds, and he was using his accessory muscles to breath at rest. This means he is breathing harder than normal and has to use a lot more energy to get the oxygen he needs. His arterial blood gases were all out of normal range. His pH and pO_2 was very low, his pCO_2 and HCO_3^- levels were high. This means his body is in partially compensated respiratory acidosis because his CO_2 levels are very high, causing his pH

Case Study 20 Medical Nutrition Therapy Answers

Bertram G. Katzung, Anthony J. Trevor

Case Study 20 Medical Nutrition Therapy Answers:

Instructor's Manual with Test Bank to Accompany Nutrition and Diet Therapy, Fourth Edition [by] Corinne Balog Cataldo ... Corinne Balog Cataldo, Jana R. Kicklighter, Linda Kelly DeBruyne, Eleanor Noss Whitney, 1995 Krause and Mahan's Food and the Nutrition Care Process, 16e, E-Book Janice L Raymond, Kelly Morrow, 2022-07-30 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Nutrition Provide optimal nutritional care with the latest guidelines to evidence based practice Krause and Mahan's Food the Nutrition Care Process 16th Edition provides an all in one resource for the dietetics information you need to care for patients throughout the entire life cycle With insight from clinical specialists the book guides you through the steps of assessment diagnosis and intervention monitoring and evaluation It also covers nutrition in each stage of life weight management medical nutrition therapies for conditions and disorders and the use of nutrition therapies in childhood From a team of nutrition experts led by Janice L Raymond and Kelly Morrow this classic text has been trusted by nurses nutritionists and dieticians for since 1952 UNIQUE Pathophysiology algorithms and flow charts present the cause pathophysiology and medical nutrition management for a variety of disorders and conditions to help you understand illness and provide optimal nutritional care Clinical case studies help you translate academic knowledge into practical patient care using a framework of the nutrition care process Sample Nutrition Diagnosis boxes present a problem its etiology and its signs and symptoms then conclude with a nutrition diagnosis providing scenarios you may encounter in practice Clinical Insight boxes expand on information in the text highlight new areas of focus and contain information on studies and clinical resources New Directions boxes suggest areas for further research by spotlighting emerging areas of interest in nutrition care Focus On boxes provide thought provoking information on key nutrition concepts Summary boxes highlight CRISPR the Indigenous food movement hearing assessment health disparities and the Health At Every Size movement and include a tribute to Dr George Blackburn a respected specialist in obesity and nutrition Key terms are listed at the beginning of each chapter and bolded within the text NEW Infectious Diseases chapter is written by a new author with specific expertise in infectious diseases NEW Transgender Nutrition chapter is added from two new authors NEW COVID 19 updates are provided in multiple chapters each relating to epidemiology and patient care NEW Information on the FODMAP diet is included in the appendix covering the sugars that may cause intestinal distress NEW Emphasis on diversity equity and inclusion is included in all chapters NEW Updated International Dysphagia Diet Standardisation Initiative IDDSI information is included in the appendix NEW Updated pregnancy growth charts are added to this edition NEW Updated Healthy People 2030 information is added throughout the book Medical-Surgical Nursing - E-Book Sharon L. Lewis, Linda Bucher, Margaret M. Heitkemper, Mariann M. Harding, Jeffrey Kwong, Dottie Roberts, 2016-09-08 Awarded first place in the 2017 AJN Book of the Year Awards in the Medical Surgical Nursing category Learn how to become an exceptional caregiver in today's evolving healthcare environment Written by a dedicated team of expert authors led by Sharon Lewis Medical

Surgical Nursing 10th Edition offers up to date coverage of the latest trends hot topics and clinical developments in the field Completely revised and updated content explores patient care in various clinical settings and focuses on key topics such as patient safety NCLEX exam preparation evidence based practice and teamwork A variety of helpful boxes and tables make it easy for you to find essential information and the accessible writing style and building block approach make even the most complex concepts easy to grasp Best of all a complete collection of learning and study resources helps you learn more effectively and offers valuable real world preparation for clinical practice Highly readable format offers you a strong foundation in medical surgical nursing Content written and reviewed by leading experts in the field ensures that information is comprehensive current and clinically accurate Informatics boxes discuss how technology is used by nurses and patients in healthcare settings Expanded coverage of evidence based practice helps you understand how to apply the latest research to real life patient care Expanded Safety Alerts throughout the book highlight patient safety issues and focus on the latest National Patient Safety Goals UNIQUE Levels of Care approach explains how nursing care varies for different levels of health and illness Bridge to NCLEX Examination review questions at the end of each chapter reinforce key content while helping you prepare for the NCLEX examination with both standard and alternate item format questions Unfolding case studies included throughout each assessment chapter help you apply concepts and procedures to real life patient care Managing Care of Multiple Patients case studies at the end of each section help you apply your knowledge of various disorders and prioritize and delegate patient care Separate chapter on genetics focuses on the practical application to nursing care of patients Genetics in Clinical Practice boxes address key topics such as genetic testing Alzheimer s disease sickle cell disease and genetics related ethical issues Genetic Risk Alerts and Genetic Link headings highlight specific genetic issues related to body system assessments and disorders

Williams' Basic Nutrition and Diet Therapy - E-Book Staci Nix,2021-07-15

Stay up to date on all the latest in nutrition care with Williams Basic Nutrition Diet Therapy 16th Edition This market leading text provides concise need to know coverage of hot topics emerging trends and cutting edge research to ensure you are equipped to make informed decisions on patient nutrition in the clinical space And with its conversational writing style vivid illustrations and wide array of reader friendly features you can easily understand how the concepts in the book can be applied in clinical practice The text is broken out into four parts an introduction to the basic principles of nutrition science human growth and development needs community nutrition and clinical nutrition Next Generation NCLEX case studies and question types are also included in the text and on the companion Evolve website Case studies with accompanying questions for analysis in the clinical care chapters focus your attention on related patient care problems Cultural Considerations boxes discuss how a patient s culture can affect nutritional concepts in practice Clinical Applications and For Further Focus boxes highlight timely topics and analyze concepts and trends in depth Bulleted chapter summaries review highlights from the chapter and help you see how the chapter contributes to the book s big picture Diet therapy guidelines include

recommendations restrictions and sample diets for major clinical conditions Drug Nutrient Interactions boxes highlight important safety information and cover topics such as nutritional supplements for athletics drugs interfering with vitamin absorption and over the counter weight loss aids Key terms and definitions clarify terminology and concepts critical to your understanding and application of the material NEW Next Generation NCLEX case studies and question types are included in the text and on the companion Evolve website NEW Easy to follow writing style utilizes a more lively and direct conversation tone to make material easier to understand NEW Updated references reflect the studies and statistics published in the most current scientific literature NEW Incorporation of the new Nutrition Care Process model grounds you in the systematic approach to providing high quality nutrition care with regard to nutrition assessment diagnosis intervention and evaluation NEW Coverage of the new Physical Activity Guidelines for Americans ensures you are versed in the latest recommendations

Williams' Basic Nutrition & Diet Therapy - E-Book Staci Nix McIntosh,2016-05-31 NEW Completely updated content incorporate the recently released 2015 dietary guidelines Healthy People objectives nutrition labels common weight loss diets FDA CDC statistics warnings regarding trans fatty acids disordered eating and more NEW New chapter review questions reflect the latest NCLEX Exam format Answers to these questions will appear in the appendix NEW Rewritten chapters on clinical nutrition take a more application based approach and feature clarified explanations enhanced readability a focus on the most relevant and practical information and new topics such as energy expenditure calculations water balance cirrhosis complications diet plans for diabetes and more NEW Updated Nutrition and Physical Fitness chapter written by sport dietitian Kary Woodruff reflects the latest research in the field including new questionnaires used for exercise readiness current recommendations for energy needs and nutritional considerations for athletic performance NEW Updated Weight Management chapter written by certified adult weight management dietitian Theresa Dvorak reflects the latest research in the field including the role of genetics disordered eating treatments for obesity and more **Lewis's**

Medical-Surgical Nursing E-Book Mariann M. Harding,Jeffrey Kwong,Debra Hagler,Courtney Reinisch,2022-07-02 American Journal of Nursing AJN Book of the Year Awards 1st Place in Medical Surgical Nursing 2023 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Medical Surgical Gain the knowledge and skills you need to succeed in medical surgical nursing with this leading textbook Lewis's Medical Surgical Nursing 12th Edition uses a conversational writing style a focus on nursing concepts and clinical trends evidence based content and basic pathophysiology review to provide the solid foundation needed in a rapidly changing healthcare environment Comprehensive chapters cover topics including nursing management and collaboration health promotion acute interventions and ambulatory care Summary tables and boxes make it easy to find essential information and a building block approach makes even the most complex concepts simple to grasp In addition to three new chapters this edition includes a stronger focus on the nursing process clinical judgment and preparation for the Next Generation NCLEX Examination Nutrition and Diet Therapy Sue Rodwell

Williams,1985 This renowned text now in its eighth edition presents normal nutrition and then explains how to apply nutritional concepts in the community and clinical environments The easy to follow format allows students to discover the fundamentals of nutrition and then apply their knowledge to health maintenance throughout the life cycle Nutrition and Diet Therapy offers comprehensive coverage of all aspects of nutrition students are sure to refer to it time and again throughout school and their career

Patient Problems in Clinical Nutrition Mark L. Wahlqvist,Jitka S. Vobecky,International Union of Nutritional Sciences,1987 Abstract The objectives of this manual are to provide examples of nutritional problems in clinical medicine to encourage the readers own self assessment of them and to provide critiques of the problems with some sources for further reading The first section of this publication presents a discussion of the definition of clinical nutrition The second section presents 149 case studies of nutritional problems organized geographically Each case study concludes with questions accompanied by full critiques of the recommended answers supported by references to the literature Section III resources in clinical nutrition includes lists of nutrition texts and journals and food and nutrition tables charts and formula

Essentials of Clinical Nutrition in Healthcare Ellizabeth Frates,Marie-France Hivert,Christopher Duggan,2024-01-31 Proven methods for diagnosing and managing nutritional changes in patients with chronic diseases and conditions Essentials of Clinical Nutrition in Healthcare fills the well recognized evidence practice gap between the nutrition knowledge skills and attitudes needed for nutrition care and the nutrition education provided by medical schools Focusing on nutrition and dietetics it walks you through the process of maintaining patients energy balance while also providing sufficient nutrients such as protein vitamins and minerals Evidence based chapters address the effects of diet on health and a comprehensive array of illnesses Essentials of Clinical Nutrition for Healthcare is organized into three major sections The fundamentals of nutrition and how it applies to clinical practice including nutrition through the lifespan and personalized nutrition Diverse scenarios on how nutritional state and metabolism behave in a morbid condition Expert advice for counseling and coaching for behavior change to impact patients lifestyles Covering specific topics ranging from cardiovascular disease cancer diabetes and hypertension to depression anxiety and dementia Essentials of Clinical Nutrition for Healthcare provides everything you need to know to stay ahead of the curve on this important topic

Nutrition and Diet Therapy Mary Ann Hogan,Daryle Wane,2003 INTRODUCTION Welcome to the new Prentice Hall Reviews and Rationales Series This 9 book series has been specifically designed to provide a clear and concentrated review of important nursing knowledge in the following content areas Child Health Nursing Maternal Newborn Nursing Mental Health Nursing Medical Surgical Nursing Pathophysiology Pharmacology Nursing Fundamentals Nutrition and Diet Therapy Fluids Electrolytes often this is the person with the health problem but it may also be a significant other relative friend or another nurse Decide whether the stem is a true response stem or a false response stem With a true response stem the correct answer will be a true statement and vice versa Determine what the question is really asking sometimes referred to as the issue of the question Evaluate all answer

options in relation to this issue and not strictly to the correctness of the statement in each individual option Eliminate options that are obviously incorrect then go back and reread the stem Evaluate the remaining options against the stem once more If two answers seem similar and correct try to decide whether one of them is more global or comprehensive If the global option includes the alternative option within it it is likely that the more global response is the correct answer

THE NCLEX RN LICENSING EXAMINATION

The NCLEX RN licensing examination is a Computer Adaptive Test CAT that ranges in length from 75 to 265 individual stand alone test items depending on individual performance during the examination Upon graduation from a nursing program successful completion of this exam is the gateway to your professional nursing practice The blueprint for the exam is reviewed and revised every three years by the National Council of State Boards of Nursing according to the results of a job analysis study of new graduate nurses practicing within the first six months after graduation Each question on the exam is coded to one Client Need Category and one or more Integrated Concepts and Processes

Client Need Categories

There are 4 categories of client needs and each exam will contain a minimum and maximum percent of questions from each category Each major category has subcategories within it

The Client Need categories according to the NCLEX RN Test Plan effective April 2001 are as follows

Safe Effective Care Environment	Management of Care	7	13%
Safety and Infection Control		5	11%
Health Promotion and Maintenance	Growth and Development Throughout the Lifespan	7	13%
Prevention and Early Detection of Disease		5	11%
Psychosocial Integrity	Coping and Adaptation	5	11%
Physiological Integrity	Basic Care and Comfort	7	13%
Pharmacological and Parenteral Therapies		5	11%
Reduction of Risk Potential		12	18%
Physiological Adaptation		12	18%

Integrated Concepts and Processes

The integrated concepts and processes identified on the NCLEX RN Test Plan effective April 2001 with condensed definitions are as follows

Nursing Process

a scientific problem solving approach used in nursing practice consisting of assessment analysis planning implementation and evaluation

Caring

client nurse interaction s characterized by mutual respect and trust and directed toward achieving desired client outcomes

Communication and Documentation

verbal and or nonverbal interactions between nurse and others client family health care team a written or electronic recording of activities or events that occur during client care

Cultural Awareness

knowledge and sensitivity to the client s beliefs values and how these might impact on the client s healthcare experience

Self Care

assisting clients to meet their health care needs which may include maintaining health or restoring function

Teaching Learning

facilitating client s acquisition of knowledge skills and attitudes that lead to behavior change

More detailed information about this examination may be obtained by visiting the National Council of State Boards of Nursing website at <http://www.ncsbn.org> and viewing the NCLEX RN Examination Test Plan for the National Council Licensure Examination for Registered Nurses

HOW TO GET THE MOST OUT OF THIS BOOK

Chapter Organization

Each chapter has the following elements to guide you during review and study

Chapter Objectives

describe what you will be able to know or do after learning the material covered in the chapter

OBJECTIVES

Review basic principles of growth and

development Describe major physical expectations for each developmental age group Identify developmental milestones for various age groups Discuss the reactions to illness and hospitalization for children at various stages of development Review at a Glance contains a glossary of key terms used in the chapter with definitions provided up front and available at your fingertips to help you stay focused and make the best use of your study time Pretest this 10 question multiple choice test provides a sample overview of content covered in the chapter and helps you decide what areas need the most or the least review Practice to Pass questions these are open ended questions that stimulate critical thinking and reinforce mastery of the chapter content NCLEX Alerts the NCLEX icon identifies information or concepts that are likely to be tested on the NCLEX licensing examination Be sure to learn the information flagged by this type of icon Case Study found at the end of the chapter it provides an opportunity for you to use your critical thinking and clinical reasoning skills to put it all together it describes a true to life client case situation and asks you open ended questions about how you would provide care for that client and or family Posttest a 10 question multiple choice test at the end of the chapter provides new questions that are representative of chapter content and provide you with feedback about mastery of that content following review and study All pretest and posttest questions contain rationales for the correct answer and are coded according to the phase of the nursing process used and the NCLEX category of client need called the Test Plan The Test plan codes are PHYS Physiological Integrity PSYC Psychosocial Integrity SECE Safe Effective Care Environment and HPM Health Promotion and Maintenance CD ROM For those who want to practice taking tests on a computer the CD ROM that accompanies the book contains the pretest and posttest questions found in all chapters of the book In addition it contains 10 NEW questions for each chapter to help you further evaluate your knowledge base and hone your test taking skills In several chapters one of the questions will have embedded art to use in answering the question Some of the newly developed NCLEX test items are also designed in this way so these items will give you valuable practice with this type of question Companion Website CW The companion website is a virtual reference for virtually all your needs The CW contains the following 50 NCLEX style questions 10 pretest 10 posttest 10 CD ROM and 20 additional new questions Definitions of key terms the glossary is also stored on the companion website for ease of reference In Depth With NCLEX features drawings or photos that are each accompanied by a one to two paragraph explanation These are especially useful when describing something that is complex technical such as equipment or difficult to mentally visualize Suggested Answers to Practice to Pass and Case Study Questions easily located on the website these allow for timely feedback for those who answer chapter questions on the web Nursing Notes Clinical Reference Card This laminated card provides a reference for frequently used facts and information related to the subject matter of the book These are designed to be useful in the clinical setting when quick and easy access to information is so important ABOUT THE NUTRITION AND DIET THERAPY BOOK Most nurses have limited experience in the field of nutrition while most nutritionists have limited experience in the field of nursing This book attempts to merge the knowledge of these two distinct

disciplines into one reference source that addresses management of client nutrition in the context of the nursing practice Chapters in this book cover need to know information about nutritional science with direct application to the nursing process This book provides a comprehensive overview of nutritional principles and delves into building block elements macronutrients and micronutrients and basics of nutritional biochemistry to provide the reader with a clear concise explanation of nutritional principles Individual chapters focus on developmental areas of nutrition across the lifespan nutritional therapeutics nutritional support and therapeutic diets and nutritional supplements The last chapter examines the nutritional management of clients who experience multisystem disorders This book is intended for use as one resource in managing a client s nutritional status and should be used in conjunction with appropriate referrals and collaboration with registered dietitians to provide client care and determine specific nutritional outcomes

Embryology Review; 1,141
Multiple Choice Questions and Referenced Answers William Kenneth Metcalf,1974 Understanding Hematology: Discussions, Questions, Answers Murray Nussbaum,1973 **Krause's Food, Nutrition, & Diet Therapy** L. Kathleen Mahan,Sylvia Escott-Stump,2000 Answers a variety of questions related to food diet and nutrition offering advice on how diet can be altered to improve metabolism what diet changes can be helpful in treating different ailments how different aspects of a person s diet affects specific body systems and other related topics **Journal of the American Dietetic Association**,2003 **Diet Therapy** Sue Rodwell Williams,1995 DIET THERAPY is a textbook for nursing or nutrition students who need to understand how to apply introductory nutrition concepts in a clinical environment This text consists of the 14 diet therapy chapters from the successful Williams NUTRITION AND DIET THERAPY seventh edition plus the addition of full color throughout The physiologic biochemical research basis for nutrition science and practice is carefully balanced with the behavior psychosocial basis of nutritional patterns health care and health behaviors **Pathophysiology** Kathryn L. McCance,Sue E. Huether,2006 This fully updated textbook provides pathophysiology students with a complete knowledge base that includes the latest data from research on environmental and genetic factors that influence the disease process

Fluids and Electrolytes Violet R. Stroot,Carla A. B. Lee,C. Ann Barrett,1984 **Basic and Clinical Pharmacology 15e** Bertram G. Katzung,Anthony J. Trevor,2020-11-22 Master key pharmacological concepts and practices with the most comprehensive authoritative guide available Doody s Core Titles for 2023 Presented in full color and packed with hundreds of illustrations Basic and Clinical Pharmacology is the wide ranging engaging guide students have counted on for decades Organized to reflect the course sequence in many pharmacology courses and in integrated curricula the guide covers the important concepts students need to know about the science of pharmacology and its application to clinical practice This edition has been extensively updated to provide expanded coverage of transporters pharmacogenomics and new drugs Delivers the knowledge and insight needed to excel in every facet of pharmacology Encompasses all aspects of medical pharmacology including botanicals and over the counter drugs Major revisions of the chapters on immunopharmacology

antiseizure antipsychotic antidepressant antidiabetic anti inflammatory and antiviral drugs prostaglandins and central nervous system neurotransmitters New chapter on the increasingly relevant topic of cannabis pharmacology Each chapter opens with a case study covers drug groups and prototypes and closes with summary tables and diagrams that encapsulate important information Revised full color illustrations provide more information about drug mechanisms and effects and help clarify important concepts Trade Name Generic Name tables are provided at end of each chapter for easy reference when writing a chart order or prescription Includes descriptions of important new drugs released through May 2019 New and updated coverage of general concepts relating to recently discovered receptors receptor mechanisms and drug transporters

Journal of the American Medical Association ,1925 **Understanding Clinical Nutrition** Corinne Balog Cataldo, Sharon Rady Rolfes,1998 This comprehensive introductory text emphasises underlying chemical processes It addresses topics such as the nutrition care process diet therapy organised by organ systems disease states and life cycle nutrition

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Tender Moments: **Case Study 20 Medical Nutrition Therapy Answers** . This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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