

Date issued: 10/06/2019
Certificate number: 1041814
Learner number: 151108



This is to certify that

Dennis James

has been awarded the

**Active IQ Level 3 Diploma In Fitness Instructing and
Personal Training**

Qualification Accreditation Number: 600/4941/8

In successfully achieving this qualification the learner has been awarded the following unit(s) and credit(s)

- Anatomy and physiology for exercise (H/600/9013) 6 Credits at Level 2
- Anatomy and physiology for exercise and health (A/600/9051) 6 Credits at Level 3
- Applying the principles of nutrition to a physical activity programme (L/600/9054) 6 Credits at Level 3
- Delivering personal training sessions (J/600/9053) 9 Credits at Level 3
- Health, safety and welfare in a fitness environment (T/600/9016) 2 Credits at Level 2
- Instructing gym-based exercise (A/600/9020) 6 Credits at Level 2
- Know how to support clients who take part in exercise and physical activity (M/600/9015) 2 Credits at Level 2
- Planning gym-based exercise (F/600/9018) 4 Credits at Level 2
- Principles of exercise, fitness and health (A/600/9017) 4 Credits at Level 2
- Programming personal training with clients (F/600/9052) 7 Credits at Level 3

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Jenny Patrickson
Managing Director



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Michael Rajnik



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Active Iq Level 3 Past Papers Wordpress Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Active Iq Level 3 Past Papers Wordpress**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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