

# WHAT TO EXPECT THE FIRST YEAR

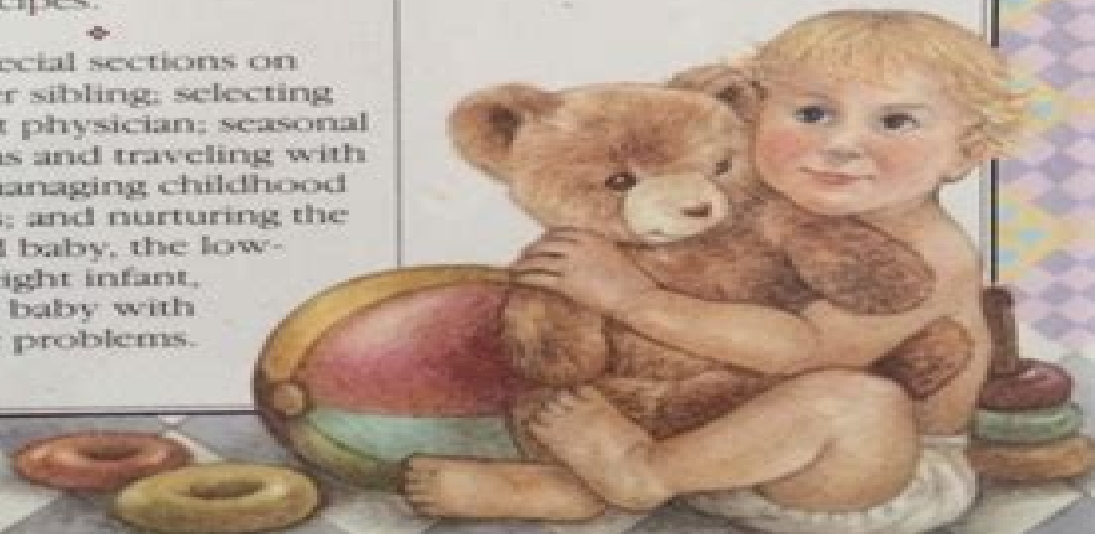
**T**he comprehensive month-by-month guide that clearly explains everything parents need to know about the first year with a new baby.

◆  
Featuring a practical, illustrated Baby Care Primer, a First Aid Guide, and Best-Odds recipes.

◆  
With special sections on the older sibling; selecting the right physician; seasonal concerns and traveling with baby; managing childhood illnesses; and nurturing the adopted baby, the low-birthweight infant, and the baby with specific problems.

By Arlene Eisenberg,  
Heidi E. Murkoff, and  
Sandee E. Hathaway, B.S.N.  
*Authors of What to Expect  
When You're Expecting.*

◆  
With a Foreword by Henry  
Harris, M.D., F.A.A.P.,  
Albert Einstein Medical  
Center, New York City.



# What To Expect The First Year

**M Walker**



## **What To Expect The First Year:**

Discover tales of courage and bravery in its empowering ebook, **What To Expect The First Year** . In a downloadable PDF format ( PDF Size: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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