

BEYOND THERAPY

ACT I

Scene I

(A restaurant. BRUCE is seated, looking at his watch. He is fairly pleasant looking, probably wearing a blazer with an open shirt. Enter PRUDENCE, attractive, semi-dressed up in a dress or nice shirt and blouse. After hesitating a moment, SHE crosses to BRUCE.)

PRUDENCE: Hello.

BRUCE: Hello.

PRUDENCE *(perhaps referring to a newspaper in her hand. The New York Review of Books?)*: Are you the white male, 30-35, 6'2", blue eyes, who's into rock music, movies, jogging and quiet evenings at home?

BRUCE: Yes, I am *(smiles)*.

PRUDENCE: Hi, I'm Prudence.

BRUCE: I'm Bruce.

PRUDENCE: Nice to meet you.

BRUCE: Was't you sit down?

PRUDENCE: Thank you. *(etc.)* As I said in my letter, I've never married one of these ads before.

BRUCE: Me neither. I mean, I haven't put one in before.

PRUDENCE: But this time I figured, why not?

BRUCE: Right. Me too *(smiles)*. I hope I'm not too macho for you.

PRUDENCE: No. So far you seem wonderful.

BRUCE: You have lovely breasts. That's the first thing I notice in a woman.

PRUDENCE: Thank you.

BRUCE: You have beautiful contact lenses.

PRUDENCE: Thank you. I like the timbre of your voice. Soft but firm.

BRUCE: Thanks. I like your voice.

PRUDENCE: Thank you. I love the smell of Brat you're wearing.

BRUCE: Thank you. My male lover Bob gave it to me.

PRUDENCE: What?

BRUCE: You remind me of him in a certain light.

PRUDENCE: What?

BRUCE: I writing both ways actually. Do you?

PRUDENCE *(confused, nervous)*: I don't know. I always insist on the lights being out.

(smiles)

BRUCE: I'm afraid I've upset you now.

PRUDENCE: No, it's nothing really. It's just that I hate gay people.

BRUCE: I'm not gay. I'm bisexual. There's a difference.

PRUDENCE: I don't really know any bisexuals.

BRUCE: Children are all innately bisexual, you know. If you took a child to Plato's Retreat, he'd be attracted to both sexes.

PRUDENCE: I should imagine he'd be terrified.

BRUCE: Well, he might be, of course. I've never taken a child to Plato's retreat.

PRUDENCE: I don't think they let you.

BRUCE: I don't really know any children *(smiles)*. You have wonderful eyes. They're so deep.

PRUDENCE: Thank you.

BRUCE: I feel like I want to take care of you.

PRUDENCE *(blinking slow now faster)*: I would like that. My favorite song is "Someone to Watch Over Me".

BRUCE *(sings softly)*: "There a somebody I'm longing for..."

PRUDENCE: Yes. Thank you.

BRUCE: In some way's you're like a little girl. And in some ways you're like a woman.

PRUDENCE: How am I like a woman?

BRUCE *(staring, romantically)*: you... dress like a woman. You wear eye shadow like a woman.

PRUDENCE: You're like a man. You're tall, you have no curves. I feel you could protect me.

BRUCE: I'm deeply emotional. I like to cry.

PRUDENCE: Oh, I wouldn't like that.

BRUCE: But I like to cry.

PRUDENCE: I don't think men should cry unless something falls on them.

BRUCE: That's a kind of sexism. Men have been programmed not to show feeling.

PRUDENCE: Don't talk to me about sexism. You're the one who talked about my breasts the minute I sat down.

BRUCE: I feel like I'm going to cry now.

PRUDENCE: Why do you want to cry?

BRUCE: I feel you don't like me enough. I think you're making eyes at the waiter.

PRUDENCE: I haven't even seen the waiter.

(BRUCE cries)

PRUDENCE *(continued)*: Please, don't cry, please.

BRUCE *(stops crying after a bit)*: I feel better after that. You have a lovely mouth.

PRUDENCE: Thank you.

BRUCE: I can tell you're very sensitive. I want you to have my children.

PRUDENCE: Thank you.

BRUCE: Do you feel ready to make a commitment?

PRUDENCE: I feel I need to get to know you better.

Beyond Therapy Full Script

Leonard Maltin's



Beyond Therapy Full Script:

MDMA-Assisted Therapy for Treatment of PTSD and Beyond Rick Doblin, Gul Dolen, Peter Schuyler Hendricks, Berra Yazar-Klosinski, Lisa Jerome, Julie Wang, Jennifer Mitchell, 2023-07-31 In 2017 the Food and Drug Administration FDA granted breakthrough therapy designation for 3,4-methylenedioxymethamphetamine assisted therapy MDMA AT for the treatment of posttraumatic stress disorder PTSD Six phase 2 and one phase 3 trial of a standardized MDMA AT protocol for PTSD have consistently shown that the treatment is both safe and efficacious MDMA AT may hold great promise as a novel treatment for individuals who suffer from PTSD including those with severe and treatment resistant diagnoses Evidence based studies are needed to guide widespread adoption and dissemination of MDMA AT for PTSD The untapped therapeutic potential of MDMA AT also warrants further investigation of indications beyond PTSD including comorbidities that often create greater challenges in treatment and long term efficacy The goal of this Research Topic is to broaden the scientific literature on MDMA AT across disciplines Specifically studies are needed to provide i guidance on the dissemination of MDMA AT for PTSD ii future research directions for MDMA AT including investigation of other indications and iii theoretical frameworks and models of biological mechanisms to explain the therapeutic effects of MDMA AT

Introduction to Systemic and Family Therapy John Hills, 2012-12-07 Ideas drawn from family and systemic therapy form the basis of many interventions in mental health and childcare This brief introduction offers an ideal starting point for non specialists and new students keen to develop their skills Taking a step by step experiential approach it explores key concepts in vivid practice context

Beyond Empathy Richard Erskine, Janet Moursund, Rebecca Trautmann, 2013-06-17 In this book the authors focus on the importance of relationship in psychotherapy Relationships between people form the basis of our daily lives We require this contact with others the sense of respect and value it produces the relational needs it fulfills As we face the inevitable traumas of life large and small our ability to make full contact with others is often disrupted As this reduction in contact increases relational needs go unfulfilled producing psychological dysfunction Beyond Empathy offers therapists a methodology for assisting people in rediscovering their ability to maintain genuine contactful relationships and thus better psychological health The authors describe an integrative psychotherapy approach that they have developed and now teach at the Institute for Integrative Psychotherapy in New York City It draws from Rogers client centered therapy Berne s transactional analysis Perls Gestalt therapy Kohut s self psychology and the work of British object relations theorists Written in a conversational style the book introduces the theory behind the approach while using real life interchanges between therapists and clients to illustrate the concepts it presents The second part of the book details the application of this method in therapy work and provides almost complete transcripts from seven therapy sessions These include examples of psychotherapeutic regression working with a parental introject couples psychotherapy and more The open writing style of this book makes it accessible to both beginners and seasoned practitioners within the field of mental health This versatile approach to therapy promises to be effective

across a wide range of therapeutic situations making this a valuable book for both students and practicing clinicians throughout the spectrum of mental healthcare providers

EMDR Group Therapy Regina Morrow Robinson, Safa Kemal Kaptan, 2023-11-04 Delivers an EMDR model that can expand access to urgently needed mental health services while maintaining affordability This innovative handbook is the first to present EMDR Group Therapy as a pragmatic approach to trauma care that enables practitioners to scale up mental health services while ensuring cost and time efficiency It delivers step by step guidance supported by real life case examples for practicing this safe effective and culturally adaptable modality in a wide range of situations and conditions EMDR group protocols are applicable to inpatient and outpatient settings strangers experiencing similar or different events families and a wide range of ages The book explores how and why EMDR group protocols are applicable to disaster response addictions schools medical challenges grief families refugees victims of sexual violence emergency responders and more The text describes the theoretical underpinnings and practical applications of EMDR Group Therapy comparing nine group protocols through the lens of the eight phases of EMDR therapy and early intervention principles It emphasizes the concept of task sharing allowing nonspecialist facilitators to deliver low intensity EMDR treatment options effectively To promote in depth understanding chapters provide Learning Objectives Learned Through Experience boxes Case Examples focusing on a variety of specific groups and problems Discussion Questions to reinforce knowledge and unique Pocket Guides refining protocols and derived techniques in a clear snapshot A full Glossary of terms is also provided at the end of the book Key Features The first book to disseminate the principles and applications of Group EMDR Therapy Delivers the knowledge of 36 contributing EMDR experts and researchers from 11 countries Follows the eight phases of standard EMDR protocol Offers a window into EMDR practice with a broad variety of specific groups and topics Detailed cultural competence checklist for practitioners to provide care with respect for diversity Includes multiple Case Examples Learning Objectives Learned Through Experience boxes figures and charts and much more Provides Pocket Guides for a clear easy to follow snapshot of group EMDR protocols

International Film Guide, 1988 *Complete Full-length Plays, 1975-1995* Christopher Durang, 1997 Contains seven full length plays written by Christopher Durang in the years between 1975 and 1995 each including an introduction by the award winning playwright

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