



Reflective Journal on Clinical Issues

Introduction

Nursing is a multifaceted working field in which makes nurses face many challenging issues during their clinical experience. Reflective practice is one of the major tools within the quiver of an experienced nurse which can be used as a powerful weapon against these multiple clinical issues. Reflective practice helps a nurse to learn from experiences through careful evaluation and analysis of incidents so that she can deal with a new similar situation in a better way. This writing discusses 3 clinical issues using Gibb's model of reflective writing and they are, inadequate staffing, misunderstanding of patient symptoms,s and problems associated with telephonic advice, supported by appropriate journal articles.

Inadequate Nurse–Patient Ratio

Staff shortage is one of the major problems faced by many hospitals in India, especially in public hospitals. Being a nurse experienced in India, I have experienced the problems related to this many times. The following is one of those issues. Around five years back, when I was a newly appointed nurse in one of the public hospitals, I was forced to give care for 40 patients alone due to a staff shortage. I was thinking that, if I cannot complete my routine work faster, I won't be able to receive new admissions. Immediately after handing it over, I started checking vital signs beginning from bed no:1. I was in a hurry to complete my work as there was no one else to help me. When I approached the last patient in the ward, I have noticed that the patient looked irritable

Clinical Reflective Journal Examples

Gabby Koutoukidis, Jodie Hughson



Clinical Reflective Journal Examples:

The Top Books of the Year Clinical Reflective Journal Examples The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels enthraling the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the engaging narratives that have charmed audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you speculating until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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