



# ACOG PRACTICE BULLETIN SUMMARY

## Clinical Management Guidelines for Obstetrician–Gynecologists

NUMBER 190, FEBRUARY 2018

(Replaces Practice Bulletin Number 180, July 2017)

For a comprehensive overview of gestational diabetes mellitus, the full-text version of this Practice Bulletin is available at <http://dx.doi.org/10.1097/AOG.0000000000002501>.



Scan this QR code with your smartphone to view the full-text version of this Practice Bulletin.

**Committee on Practice Bulletins—Obstetrics.** This Practice Bulletin was developed by the American College of Obstetricians and Gynecologists Committee on Practice Bulletins—Obstetrics with the assistance of Aaron B. Caughey, MD, PhD, and Mark Tumestine, MD.

**INTERIM UPDATE:** This Practice Bulletin is updated as highlighted to reflect a limited, focused change to clarify and provide additional information on the pharmacologic treatment of gestational diabetes mellitus. For complete details on these updates, please see the full-text version.

## Gestational Diabetes Mellitus

*Gestational diabetes mellitus (GDM) is one of the most common medical complications of pregnancy. However, debate continues to surround the diagnosis and treatment of GDM despite several recent large-scale studies addressing these issues. The purposes of this document are the following: 1) provide a brief overview of the understanding of GDM, 2) review management guidelines that have been validated by appropriately conducted clinical research, and 3) identify gaps in current knowledge toward which future research can be directed.*

### Clinical Management Questions

- ▶ *How is gestational diabetes mellitus diagnosed?*
- ▶ *What are the benefits of treating gestational diabetes mellitus?*
- ▶ *How should blood glucose be monitored in a woman with gestational diabetes mellitus?*
- ▶ *What nonpharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *What pharmacologic treatments are effective in managing gestational diabetes mellitus?*
- ▶ *Is fetal assessment indicated in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *What are delivery considerations in pregnancies complicated by gestational diabetes mellitus?*
- ▶ *How should women with a history of gestational diabetes mellitus be screened and counseled postpartum?*



# Practice Bulletin Acog

**G Orfield**



**Practice Bulletin Acog:**

The Top Books of the Year Practice Bulletin Acog The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have captivated audiences this year. Practice Bulletin Acog : Colleen Hoovers "It Ends with Us" This poignant tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Practice Bulletin Acog : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and suspenseful novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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