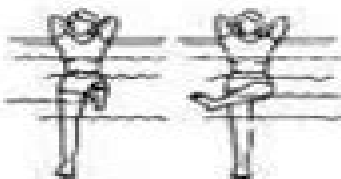


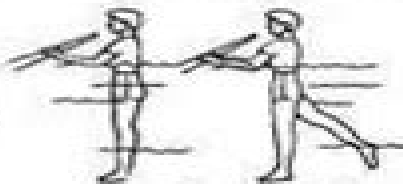
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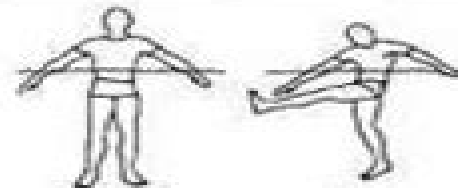
Side Leg Raises



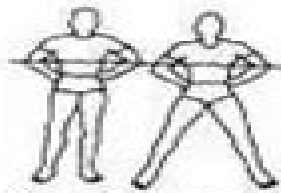
Leg Overs



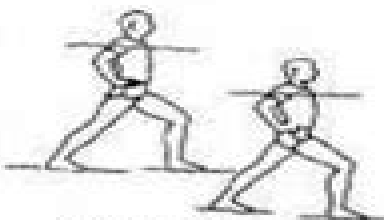
Rear Leg Lifts



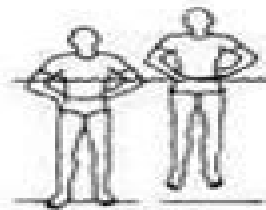
Alternate Toe Touch



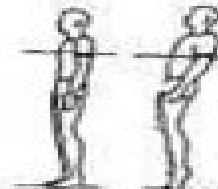
Side Straddle Hop



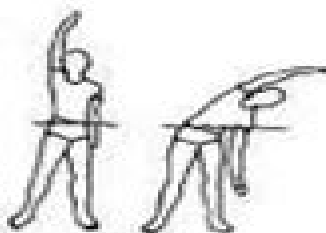
Side Hop



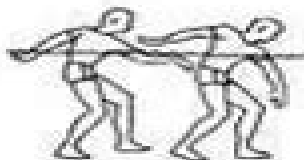
Bounce



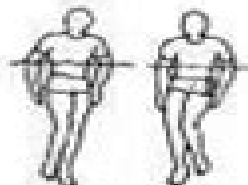
Raise on Toes



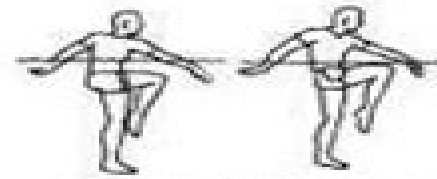
Side Bender



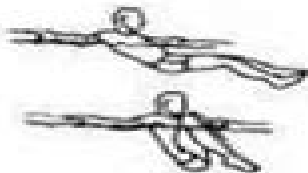
Walking Crawl



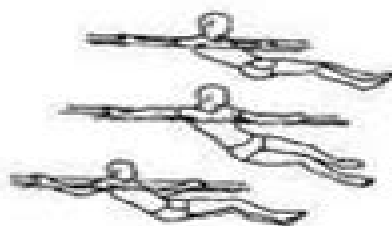
Bounding



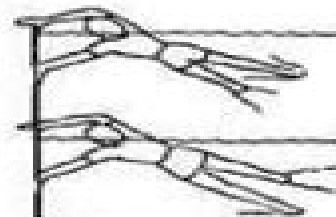
Bounding in Place



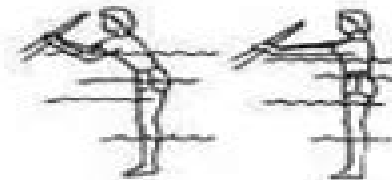
Poolside Knees Up, Supine



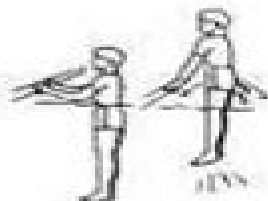
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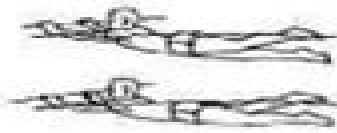
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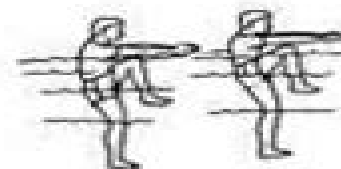
Gutter Push Ups



Front Flutter Kick



Running



The Engine

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SJ Ball



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