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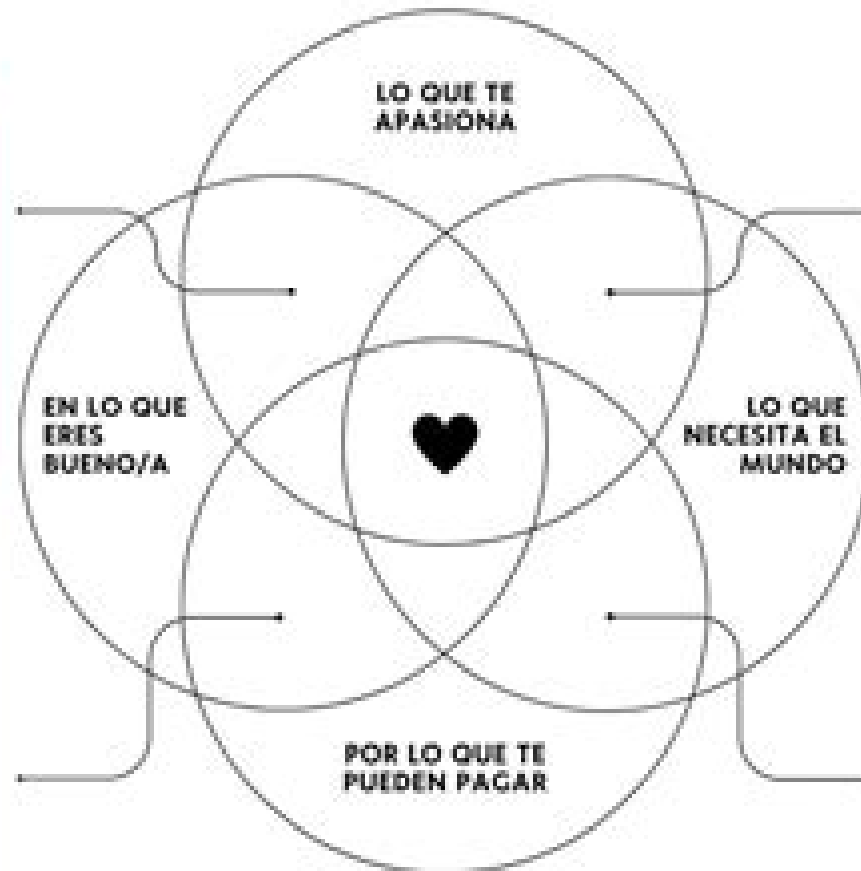
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Se refiere a aquello que nos apasiona hacer, que nos da energía y que nos hace sentir vivos. Es lo que nos gusta hacer y lo que nos motiva a seguir adelante.

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Se refiere a aquello en lo que podemos ganarnos la vida y cubrir nuestras necesidades económicas. Nos permite tener estabilidad financiera y seguridad económica.



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Se refiere a nuestra contribución al mundo, a aquello que podemos hacer para hacer del mundo un lugar mejor. Es lo que nos da sentido de propósito y nos da propósito.

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Se refiere a nuestras habilidades y talentos, aquello en lo que somos buenos y que nos permite desarrollarnos de manera profesional. Nos permite desarrollar una carrera.

Ikigai Gratis

CH Cherryholmes



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