

Mudras Principales

Surya



Gyan



Prithvi



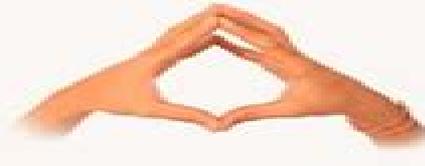
Chinmaya



Yoni



Hakini



Shambhala



Abhaya



Apana



Vayu



Varun



Ganesha



Shunya



Prana



Rudra



Bhumisparsha



Dhyan



Los Mudras

RJ Alexander



Los Mudras :

Los mudras sanadores Sabrina Meško,2001 Mudras: el puente entre lo visible y lo divino Dave Hyuga,2025-10-06
Mudras como medio para mejorar nuestra meditación aumentar nuestra energía interna y buscar la unificación a la deidad
Aliens ancestrales Josep Guijarro,2015-10-01 En la actualidad ya son 2 000 el número de mundos que existen en el Universo Y apenas se ha explorado un 0 1% del universo conocido en nuestra cercana a nosotros cercana con una tecnología a que solo es el 0 1 % de la que existirá en el futuro Ya nadie se atreve a afirmar categóricamente que no haya vida por doquier en la inmensidad del Universo Si bien es cierto que no hay una prueba definitiva que certifique que parte de los casos enigmáticos repartidos por todo el planeta correspondan a visitas de seres de otros mundos en esta obra Josep Guijarro profundiza en la posibilidad de que ayer quedaran huellas de esas visitas y que tales presencias fueran tomadas en su momento por casi divinas basándose en las investigaciones que ha realizado para la serie Extraterrestres de Canal Historia **Half a Century of Dance Research** Gertrude Prokosch Kurath,1986 **Los sorias** Alberto Laiseca,1998 Claire DeWitt y la ciudad de los muertos Sara Gran,2013 Críticas ,2004 De los cuatro vientos ,1990 **Enciclopedia universal ilustrada europeo-americana** ,1927 **Enciclopedia universal ilustrada europeo-americana** ,1927 *Teatro XXI* ,1999
Rafael Coronel Rafael Coronel,Juan Coronel Rivera,1999 **Filosofías y religiones comparadas** Haydee Vives-López de García,Haydee Vives-López v. de García y García,1997 *Golpe de dados* ,1994 **El jardín de las máquinas parlantes** Alberto Laiseca,1993 **Yoga ilustrado para principiantes, intermedios y avanzados** H. Jorge Reyes Muñoz,1972 *50+ Mudras* ,2025-06-23 50 MUDRAS La terapia de mudras consiste en gestos simbólicos o rituales realizados con los dedos Es una forma de terapia natural utilizada para restaurar el equilibrio y tratar diversas afecciones de salud Los cinco elementos y los dedos Según la sabiduría ancestral nuestro cuerpo está compuesto por cinco elementos y cada dedo representa uno de estos elementos Dedo pulgar Fuego Sol Dedo índice Aire Viento Dedo medio Espacio Cielo Dedo anular Tierra Dedo meñique Agua Relación entre emociones y órganos El exceso o desequilibrio de ciertas emociones afecta a órganos específicos Alegría Afecta al corazón Miedo Afecta a los riñones Ansiedad Afecta a los pulmones Preocupación Afecta al bazo Ira Afecta al hígado Sanación con Mudras Al practicar regularmente la terapia de mudras puedes Equilibrar los cinco elementos Controlar las emociones Apoyar la salud de los órganos internos Ayudar a manejar problemas físicos y mentales Los mudras son herramientas simples y poderosas para apoyar la autocuración en cualquier momento y lugar **Folklore Americas** ,1959 *El aura del cuerpo* Alberto Dallal,1990 **Guía Práctica de Las Medicinas Alternativas** VV Staff,2000-06 Acupuntura aromaterapia dietoterapia homeopatía tai chi terapia floral yoga

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