



REVISED  
10<sup>TH</sup> EDITION

St John  
Ambulance



St Andrew's First Aid



BritishRedCross

# FIRST AID MANUAL



WRITTEN AND AUTHORISED BY THE  
UK'S LEADING FIRST AID PROVIDERS

# Basic First Aid Manual 10th Edition

**Mary Burnham, Carol Hurd**



## **Basic First Aid Manual 10th Edition:**

First Aid Manual Margaret Austin, Vivien J. Armstrong, St. John Ambulance (England), Rudy Crawford, St. Andrew's First Aid, British Red Cross Society, 2014-02-03 Updated 10th edition includes updates to first aid for choking infants The First Aid Manual is the UK's only fully authorised first aid guide endorsed by St John Ambulance St Andrew's First Aid and the British Red Cross and packed with step by step first aid advice Used as the official training manual for the UK's leading first aid organisations courses the bestselling First Aid Manual covers all aspects of first aid from emergency first aid and first aid for babies and children to resuscitation Find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness and how to use essential equipment Step by step photography all shot in situ to reflect real life issues shows you what to do in any situation The ideal first aid book for you and your family keep the First Aid Manual handy it could be a life saver Previous edition ISBN 9781405362146

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