

Gross Motor Function Measure (GMFM)

Child's Name: Jane Miranda

Assessment Date: May 10, 2023 Date of Birth: March 15, 2011 Age: 12

Evaluator's Name: Marissa Swanson, PT

Testing Condition: Indoor therapy room, child wearing comfortable clothing and sneakers

Objectives:

Gross Motor Function Measure (GMFM) is a standardized observational instrument designed to assess gross motor function in children with cerebral palsy or other neurological impairments.

The GMFM is typically used to evaluate changes in gross motor function over time or in response to interventions, such as physical therapy or surgery. It comprises 88 items that assess a child's ability to perform various motor tasks, such as rolling, crawling, sitting, standing, and walking. The items are grouped into five dimensions:

1. **Lying and Rolling:** This dimension assesses the child's ability to control their body and move in a supine (lying on their back) and prone (lying on their stomach) position. It includes head control, moving limbs independently, rolling from supine to prone and vice versa, and transitioning between supine and sitting positions. These skills are foundational for more advanced motor tasks and are crucial for a child's ability to change positions independently.
2. **Sitting:** This dimension evaluates the child's ability to maintain various sitting positions, such as unsupported sitting, sitting with a posterior pelvic tilt, and sitting with legs crossed. It also examines the child's ability to perform tasks while sitting, like reaching for objects, weight shifting, and transitioning from sitting to kneeling. Sitting skills are essential for numerous daily activities, including self-care, social interactions, and play.
3. **Crawling and Kneeling:** This dimension assesses the child's ability to move on their hands and knees (crawling) and maintain a kneeling position, both half-kneeling and full-kneeling. These skills are essential for independent mobility, allowing the child to explore their environment and access various locations. Crawling and kneeling also serve as transitional movements bridging the gap between sitting and standing.
4. **Standing:** This dimension evaluates the child's ability to achieve and maintain an upright standing position, with and without support. It also examines the child's ability to perform standing tasks, such as reaching for objects, weight shifting, and transitioning from standing to other positions. Standing is a fundamental skill for functional mobility, a prerequisite for walking and other advanced motor tasks.
5. **Walking, Running, and Jumping:** This dimension assesses the child's ability to perform various locomotor skills, such as walking, running, jumping, and stair climbing. It includes tasks like walking with and without support, walking on different surfaces, navigating obstacles, and jumping on both feet or one foot. These skills are crucial for independent mobility and participation in various physical and social activities.
6. Each dimension consists of items scored on a four-point scale from 0 to 3, with higher scores indicating better performance. The scores for each dimension can be combined to create a total GMFM score, which can be used to track changes in a child's gross motor function over time or evaluate the effectiveness of interventions.

Scoring:

0 - does not initiate

1 - initiates

2 - partially completes

3 - completes

NT- not tested

Gmfm

WJ Hussar



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