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Remote patient monitoring strategies and wearable technology in chronic obstructive pulmonary disease

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Chronic obstructive pulmonary disease (COPD) is highly prevalent and is associated with a heavy burden on patients and health systems alike. Exacerbations of COPD (ECOPDs) are a leading cause of acute hospitalization among all adult chronic diseases. There is currently a paradigm shift in the way that ECOPDs are conceptualized. For the first time, objective physiological parameters are being used to define/classify what an ECOPD is (including heart rate, respiratory rate, and oxygen saturation criteria) and therefore a mechanism to monitor and measure their changes, particularly in an outpatient ambulatory setting, are now of great value. In addition to pre-existing challenges on traditional 'in-person' health models such as geography and seasonal (ex. winter) impacts on the ability to deliver in-person visit-based care, the COVID-19 pandemic imposed additional stressors including lockdowns, social distancing, and the closure of pulmonary function labs. These health system stressors, combined with the new conceptualization of ECOPDs, rapid advances in sophistication of hardware and software, and a general openness by stakeholders to embrace this technology, have all influenced the propulsion of remote patient monitoring (RPM) and wearable technology in the modern care of COPD. The present article reviews the use of RPM and wearable technology in COPD. Context on the influences, factors and forces which have helped shape this health system innovation is provided. A focused summary of the literature of RPM in COPD is presented. Finally, the practical and ethical principles which must guide the transition of RPM in COPD into real-world clinical use are reviewed.

KEYWORDS

chronic obstructive pulmonary disease, exacerbations of COPD, remote patient monitoring, wearable electronic devices, COVID-19 pandemic

Introduction

We are in an unprecedented period in human history marked by a longer life expectancy and a global aging of the human population. With this remarkable basic sanitary, public health and healthcare-driven success, however, come new pressures and challenges for these same health systems. The accumulation in the number and severity of chronic diseases with age has led to multimorbidity and increased complexity of care (1). There is a remarkable increase in the

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Crafting Wearables Sibel Deren Guler,Madeline Gannon,Kate Sicchio,2016-08-13 Enter the exciting intersection of technology and fashion known as wearable computing Learn about the future of electronics in clothing and textiles and be a part of creating that future Crafting Wearables begins with the history of the field then covers current practices and future trends You will gain deeper insight into the strategy behind the design of wearable devices while learning about the tools and materials needed to start your own wearables toolbox In a time when consumer electronics are becoming smaller and seamlessly integrated into our lives it is important to understand how technology can improve and augment your lifestyle Wearables are in a sense the most organic and natural interface we can design yet there is still doubt about how quickly wearable technologies will become the cultural norm Furthermore skills that have become less valuable over the years such as sewing are making a return with the wearables movement Gives a better understanding of wearable technology and how it has evolved Teaches basic skills and techniques to familiarize you with the tools and materials Showcases breakthrough designs and discoveries that impact our everyday interactions What You ll Learn Learn the history of how technology in fashion has evolved over time Discover interesting materials and fabrics for use in wearable technology Glimpse new tools for designing wearable technology and fashion Rediscover sewing and related skills that every wearables enthusiast should learn Learn how new techniques in textile manufacturing could disrupt the fashion industry Understand and respond to the cultural and societal developments around wearables Who This Book Is For The curious designer engineer or creative who is looking for insight into the world of fashion technology It is for someone who wants to start exploring wearables with basic projects and dig deeper into the methods and tools of an expert Crafting Wearables is intended to impart comprehensive general knowledge of the state of wearables in different industries while providing a well curated list of example projects and resources by which to begin your personal journey into e textiles It is a wonderful read for those who are looking to expand their understanding of fashion and technology from both a hands on and research based perspective

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