

LEVELS OF STEAK DONENESS

These temperatures are FINAL desired temperatures. Remove steak 5-10°F BELOW your desired doneness temperature. Let it rest as the temperature rises to its final temperature.

WELL DONE

160°F / 71°C

MEDIUM-WELL

150°F / 66°C

MEDIUM

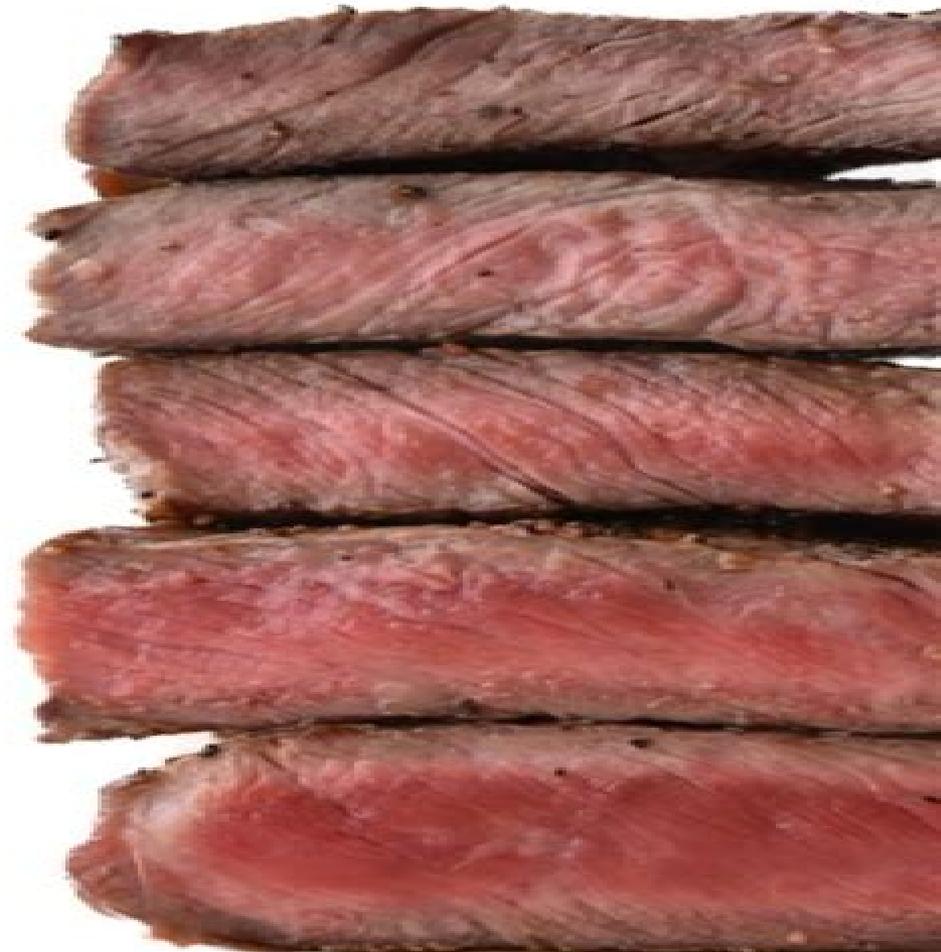
140°F / 60°C

MEDIUM-RARE

130°F / 54°C

RARE

125°F / 52°C



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BM King



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