



Name: \_\_\_\_\_ Grade & Section: \_\_\_\_\_  
Subject: Cookery Grade 9 Teacher: \_\_\_\_\_  
Score: \_\_\_\_\_

Lesson : Quarter 4 Week 2 LAS 2

Activity Title: Prepare Desserts

Learning Target: Select and prepare sweet sauces

Reference(s): Learning Module COOKERY Grade 9

LAS Writer: **MONALIZA B. GUMBAY, NELDA L. CORDERO, BONIBELLE O. GARDOSE**

#### What's New

**Sweet Sauces sauce** - a flavored liquid blend of ingredients that adds flavor and enhances the appearance of the food.

**fudge** - a soft confection made of butter, sugar, chocolate.

Sauces can give an entirely different appearance, flavor, color, and moisture to desserts.

#### Kinds and Varieties of Sauces

1. Rich sauce is well suited to a simple dessert.
2. Light sauce is suited to a rich dessert.
3. Hot fudge is a delightful contrast to a cold cornstarch pudding or to vanilla ice cream.
4. Hot sauces are made just before they are to be used.
5. Cold sauces are cooked ahead of time, then cooled, covered and put in the refrigerator to chill.

#### Thickening Agents for Sauces

Thickening agents improve the quality of the sauces.

1. starch
2. creams
3. Eggs
4. rice
5. flavor
6. Grains
7. Cornstarch

Most dessert sauces fall into one of three categories:

1. **Custard Sauces** -Vanilla custard sauce, Chocolate or other flavor may be added to create varieties.
2. **Fruit Purees** -These are simply purees of fresh or cooked fruits, sweetened with sugar. Other flavorings and spices are sometimes added.
3. **Syrups** - Includes such products as chocolate sauce and caramel sauce.

#### What is It



Sugar



Gelatin



Egg yolk



Egg White



Cream



Chocolate



Batter



Nuts

#### Activity



#### Make a Fruit Purees made of pineapple

(Note: Make a documentation through video presentation on how you prepare Fruit Purees made of pineapple with your output. Sent it to your subject teacher via Facebook messenger or email address.)

#### Procedure in Preparing Pineapple Puree

1. Peel the pineapple and cut into cubes
2. Place steaming basket in a pot of boiling water.
3. Add 1 cup of peeled sweet pineapple. Cover with a lid.
4. Leave to steam over medium heat for about 5 minutes.
5. Allow to cool. Transfer the steamed pineapple into a blender. You can use a food processor or hand blender.
6. Add 2 tbsp of the water used in steaming the pineapple. Feel free to add more or less depending on how thick you want the puree. Add sugar depending on the sweetness of the pineapple
7. Blend until smooth.

# Learning Module Grade 9 The Cookery

**K Payea**



**Learning Module Grade 9 Tle Cookery :**

## Embracing the Beat of Phrase: An Emotional Symphony within **Learning Module Grade 9 Tle Cookery**

In some sort of taken by monitors and the ceaseless chatter of instantaneous transmission, the melodic beauty and psychological symphony produced by the published word frequently diminish into the background, eclipsed by the persistent noise and disruptions that permeate our lives. But, set within the pages of **Learning Module Grade 9 Tle Cookery** a charming fictional treasure full of fresh emotions, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, this fascinating masterpiece conducts visitors on an emotional trip, skillfully unraveling the concealed melodies and profound impact resonating within each cautiously crafted phrase. Within the depths of the touching examination, we will discover the book is main harmonies, analyze its enthralling writing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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